



2023 LONG COURSE QUALIFYING MEET

SATURDAY 18 NOVEMBER 2023
SYDNEY OLYMPIC PARK AQUATIC CENTRE

Warm-up: 11.30 am
Competition commences: 12.30 pm

**If you have any questions regarding this event,
please contact Toby Williams at
williamsctoby@gmail.com**

www.narrabeensc.org.au

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TIMELINE



2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

TIMELINE IS SUBJECT TO CHANGE AND IS TO BE USED AS A GUIDE ONLY

Round	Event	Starts at
Finals	1 Men 10 & Over 200 Freestyle	12:30 PM _____
Finals	2 Women 10 & over 200 Freestyle	12:43 PM _____
Finals	3 Men 9 & Over 100 Breaststroke	12:55 PM _____
Finals	4 Women 9 & Over 100 Breaststroke	01:06 PM _____
Finals	5 Men 10 & Over 200 Butterfly	01:22 PM _____
Finals	6 Women 10 & Over 200 Butterfly	01:30 PM _____
Finals	7 Men 8 & Over 50 Backstroke	01:34 PM _____
Finals	8 Women 8 & Over 50 Backstroke	01:48 PM _____
Finals	9 Men 9 & Over 100 Freestyle	02:10 PM _____
Finals	10 Women 9 & Over 100 Freestyle	02:29 PM _____
Finals	11 Men Open 200 IM	02:52 PM _____
Finals	12 Women Open 200 IM	03:06 PM _____
	Break: 30 Minutes: Break for tech officials	
Finals	13 Men 8 & Over 50 Butterfly	03:51 PM _____
Finals	14 Women 8 & Over 50 Butterfly	04:03 PM _____
Finals	15 Men 9 & Over 100 Backstroke	04:19 PM _____
Finals	16 Women 9 & Over 100 Backstroke	04:34 PM _____
Finals	17 Men 9 & Over 50 Breaststroke	04:49 PM _____
Finals	18 Women 9 & Over 50 Breaststroke	05:00 PM _____
Finals	19 Men 9 & Over 100 Butterfly	05:26 PM _____
Finals	20 Women 9 & Over 100 Butterfly	05:22 PM _____
Finals	21 Men 10 & Over 200 Breaststroke	05:33 PM _____
Finals	22 Women 10 & Over 200 Breaststroke	05:41 PM _____
Finals	23 Men 8 & Over 50 Freestyle	05:53 PM _____
Finals	24 Women 8 & Over 50 Freestyle	06:08 PM _____
Finals	25 Men 10 & Over 200 Backstroke	06:27 PM _____
Finals	26 Women 10 & Over 200 Backstroke	06:39 PM _____
	FINISH TIME	06:47 PM

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MEET PROCEDURES



RULES

The Meet will be conducted under SNSW Rules. Heats will be conducted in order of fastest to slowest.

The program of events will be finalised before the meet and this program will be final. A copy of the program will be placed on the Swimming NSW website prior to the meet. Competitors are encouraged to inform Narrabeen Swimming Club if they are withdrawing from events via williamsctoby@gmail.com

ASSISTED SELF MARSHALLING

- Swimmers are responsible for being ready to take their position on the starting platform or in the water when whistled up by the Referee.
- Swimmers will have assisted self marshalling at this meet. Check Starters will be available to assist, support and direct swimmers on the pool deck when requested by the swimmer. The Help-Desk Clerk in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.
- Swimmers are expected to know what event, heat and lane they will be swimming in from the published program.
- There will also be copies of the race sheets posted in the Marshalling area.
- Swimmers will report to the chairs behind the blocks, for their event preferably via the marshalling area, as per the following process.
 - The fastest heats will report first.
- In order to avoid congestion and ensure social distancing, please note that swimmers need only be available to enter the marshalling area or chairs behind the blocks:
 - four (4) heats prior to their heat for 50m, 100m and 200m events except the slowest heat.
 - the slowest (last) heat swimmers in 200m events are required to report to the Help Desk (Clerk of Course) prior to the first heat of the event and be prepared to be allocated to any spare lane that arises in the preceding heats of their event.
- Where a swimmer has entered, but will not be in attendance for a day, or the whole meet, the Recorders should be advised prior to the commencement of the day's competition.
- The first heat of each session should report 5 minutes before the scheduled commencement of the session.
- There will be chairs behind the timekeepers at the start end.
- After the start of the previous heat, swimmers may progress to the next deck chair position without causing any interference to technical officials.
- Swimmers are expected to be at the chair ready for the whistles to start their heat. Swimmers will not be prevented from swimming if they only make it to their seat one heat prior to their event. If they miss their heat, they need to alert a technical official and they will be placed in a spare lane if it becomes available.
- The Referee will ultimately make decisions as to entitlement to swim.
- There will still be a Marshalling area setup with two (2) rows of chairs (in case there is a need revert to full Marshalling). Swimmers will have the option to either report directly to the row of chairs behind each lane or proceed through the Marshalling area to pool deck. We will have a Help Desk-Clerk (Technical officials) in the Marshalling area to assist swimmers if needed. These Officials will be available for Athletes, Team

Managers and Coaches to find information on events, withdraw swimmers and make enquiries.

- Swimmers will leave clothing so that it is able to be collected without re-entering the competition area after their event (on or over main and warm up pool dividing fence).
- Swimmers exiting the pool after events will move to the swim down pool via designated exits and the rear corridors. One exit is located near the Coaches Room, another on the start side near the walkway exit and two exits in the warm-up pool fencing behind the start area.
- Relay teams are expected to know their heat, lane and order. They are expected to be ready to line up in the marshalling chute when called and leave the pool deck as soon as they complete their swim.

MULTI-CLASS (MC) SWIMMERS

MC swimmers competing in able bodied events are required to report with their classification card to the Referee prior to each Session, where their exceptions have not already been submitted with their entries.

Each Support Staff member for MC swimmers must wear their Pool Deck Accreditation tag while in the Marshalling Area, and on Pool Deck. Support Staff must comply with the applicable NSW Multi Class rules when they are on deck.

BACKSTROKE LEDGES

Backstroke Ledges will be used during this Meet. A swimmer is not required to use the Ledge for the start of a backstroke race. The ledges will be set to "0" (zero) by the Inspector of Turns and it will be swimmer's responsibility to adjust the ledge, and to make sure that it is locked in place after this adjustment.

INCLUSIVE SWIMWEAR POLICY

A swimmer wishing to wear modified or alternate swimwear is required to present that swimwear to the Technical Manager or Meet Referee prior to the swimmer's first session of competition. Further information in respect to this policy is available at <http://www.swimmingorgau/inclusion> and at NSW Rule GR19 General Swimwear Policy.

MEDICAL ISSUES

By entering this event, competitors (or legal guardian) are declaring that they are fit to compete. In the event that an entrant experiences a medical issue whilst competing at, or during a New South Wales Championships, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at that Championship. The Technical Manager will have the sole authority to adjudicate on this rule. Please refer to GR 3.3.

PHOTOGRAPHY, VIDEOGRAPHY, PUBLICATION & SOCIAL MEDIA

I authorise Narrabeen Swimming Club to use and disclose to related and relevant bodies any of my personal information including publication of photographs and videos in official programs, newsletters, on social media, websites and newspapers.

Please contact Toby Williams (williamsctoby@gmail.com) if you do not agree to this.

STARTING INSTRUCTIONS

1. When the swimmers have been placed behind the starting platforms, the Announcer will announce the Event and Heat number, e.g. Event 4 Heat 3.
2. On the long whistle from the Referee, the swimmers shall step onto the starting platform and remain there. For Backstroke and Medley Relay events they shall immediately enter the water and a second-long whistle shall bring them back to the starting position with the toes of both feet in contact with the end wall or face of the touchpad.
3. On the command "Take your marks", the swimmers will immediately take up their starting positions with at least one foot at the front of the starting platform, or in the case of a Backstroke or Medley Relay event, their starting position in the water and remain stationary.
4. When all swimmers are stationary the Starter shall give the starting signal.
5. Any swimmer starting before the starting signal has been given, shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again.
6. Swimmers must finish in the lane in which they start, and will remain in the water in their lanes at the finish of the event. On the signal from the Referee swimmers are to leave the water by the side of the pool.
7. In an Individual Medley event, the sequence of strokes is Butterfly, Backstroke, Breaststroke, Freestyle. In a Medley Relay event, the sequence of stroke is Backstroke, Breaststroke, Butterfly, Freestyle.

NOTE: If, because of the length of the program, "starting over the top" is used, swimmers from the preceding heat are to move to the side of the lane, against the finishing wall, and remain still. Where the next race will be backstroke the swimmers are to move down the lane rope towards the backstroke flags and remain still. When the next heat has started they should leave the pool by the sides as quickly as possible.

COMPETITION POOL WARM UP PROCEDURE PRIOR TO COMMENCEMENT OF COMPETITION

9	8	7	6	5	4	3	2	1	0
Walk back	Circle Only (keep left)	Race Pace	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Race Pace	Circle Only (keep left)	Walk back
	No diving at all	No diving at all	No diving at all	No diving at all	No diving at all	No diving at all	No diving at all	No diving at all	
Dive Sprints Walk back	Circle Only (keep left)	Race Pace	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Circle Only (keep left)	Race Pace	Circle Only (keep left)	Dive Sprints Walk back
9	8	7	6	5	4	3	2	1	0

UTILITY POOL WARM UP PROCEDURE DURING COMPETITION

0	No Entry to Pool		25m Dive Sprints one way Walk back	0
1	No Entry to Pool		25m Dive Sprints one way Walk back	1
2	Race Pace Lane No Entry to Pool		Race Pace Lane. NO Diving	2
3	Circle only. Keep left. NO Diving		Circle only. Keep left. NO Diving	3
4	Circle only. Keep left. NO Diving		Circle only. Keep left. NO Diving	4
5	Circle only. Keep left. NO Diving		Circle only. Keep left. NO Diving	5
6	Circle only. Keep left. NO Diving		Circle only. Keep left. NO Diving	6
7	Circle only. Keep left. NO Diving		Circle only. Keep left. NO Diving	7

MEET PROGRAMME
2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 1 Men 10 & Over 200 LC Meter Freestyle

SPONSORED BY MT PLUMBING



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	ABBOTT, GEORGE	15	NORWEST	2:05.81	_____	_____
1	CASHMAN, CALEB	16	KINROSS WOLAROI	2:03.83	_____	_____
2	KATEHOS, NOAH	17	SANS SOUCI	2:03.41	_____	_____
3	KELLY, HUNTER	17	LOWER BLUE MOUNTAINS	2:02.42	_____	_____
4	GOODCHILD, JENSEN	17	ABBOTSLEIGH	2:00.74	_____	_____
5	FERREIRA, ANDRE	19	RAVENSWOOD	2:01.62	_____	_____
6	VELLA, BRODIE	16	ACU BLACKTOWN	2:02.50	_____	_____
7	GRIGGS, BEAU	14	REVESBY	2:03.60	_____	_____
8	JOHNSON, TYLER	18	WARRINGAH	2:05.38	_____	_____
9	BARRETT, ZAK	16	KNOX PYMBLE	2:05.82	_____	_____
Heat 2 of 4 Timed Finals						
0	MUNRO, ETHAN	15	PLC SYDNEY	2:15.60	_____	_____
1	WONG, JAYDEN	16	MLC MARLINS	2:13.97	_____	_____
2	SCANLAN, BLAKE	15	NORWEST	2:12.47	_____	_____
3	HEGARTY, HUDSON	13	KNOX PYMBLE	2:09.63	_____	_____
4	FLEMING, NICHOLAS	15	LEICHHARDT	2:05.84	_____	_____
5	GRAND, LUKE	14	NEPEAN	2:07.50	_____	_____
6	MCMANUS, TYLER	16	ORANGE	2:10.05	_____	_____
7	KELLY, FINN	13	LOWER BLUE MOUNTAINS	2:12.49	_____	_____
8	CLANCY, RYAN	14	MOSMAN	2:15.23	_____	_____
9	LAWSON, THOMAS	15	NEPEAN	2:16.12	_____	_____
Heat 3 of 4 Timed Finals						
0	BROWN, LUKE	12	WINDSOR	2:28.63	_____	_____
1	HANSEN, TOBY	14	LEICHHARDT	2:28.24	_____	_____
2	CORNISH-BROWN, WILLIAM	13	CASTLE HILL	2:26.58	_____	_____
3	JONES, NATHAN	13	TRINITY	2:21.19	_____	_____
4	SANDSTROM, CHANCE	14	NUSWIM	2:17.74	_____	_____
5	MEAD, KOBI	12	SLC AQUADOT	2:19.30	_____	_____
6	WONG, JACOB	13	MLC MARLINS	2:21.56	_____	_____
7	ABBOTT, THOMAS	12	NORWEST	2:27.11	_____	_____
8	SINCLAIRE, LEVI	12	WOY WOY	2:28.48	_____	_____
9	JENNINGS, EWAN	15	KATOOMBA	2:29.01	_____	_____
Heat 4 of 4 Timed Finals						
0	PETRIE, WILLIAM	12	LOWER BLUE MOUNTAINS	2:49.54	_____	_____
1	BROWN, PHOENIX	12	LEICHHARDT	2:45.47	_____	_____
2	WORLEY, JESSE	11	NEPEAN	2:40.27	_____	_____
3	JONES, DANIEL	15	TRINITY	2:31.56	_____	_____
4	GILBERT, BYRON	12	NARRABEEN	2:30.93	_____	_____
5	GLASSON, JOEL	13	SOUTHERN SYDNEY	2:31.27	_____	_____
6	HUANG, JACKSON	12	NORWEST	2:37.66	_____	_____
7	DEARDEN, OSCAR	11	KNOX PYMBLE	2:44.76	_____	_____
8	FANNIN, CHARLIE	14	MITTAGONG	2:46.92	_____	_____
9	CHEN, ZACHARY	11	KNOX PYMBLE	2:52.37	_____	_____



MEET PROGRAMME
2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 2 Women 10 & Over 200 LC Meter Freestyle



SPONSORED BY MT PLUMBING

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	SWEENY, PIPER	13	CRANBROOK	2:22.82	_____	_____
1	LEROS, MARISSA	14	SANS SOUCI	2:21.76	_____	_____
2	CAMPBELL, EMILY	14	SLC AQUADOT	2:20.28	_____	_____
3	SCISLO, SOPHIE	14	FORSTER	2:18.88	_____	_____
4	VALE, INDIANNA	14	KNOX PYMBLE	2:08.76	_____	_____
5	DONALD, JOCELYN	15	SOPAC	2:17.73	_____	_____
6	MOLES, GRACIE	14	MACQUARIE UNI	2:20.07	_____	_____
7	KATEHOS, LILY	15	SANS SOUCI	2:21.23	_____	_____
8	YOUNG, MOLLY	11	NARRABEEN	2:22.47	_____	_____
9	JOHNS, GYPSY	14	WINDSOR	2:23.10	_____	_____
Heat 2 of 4 Timed Finals						
0	GREEN, ELISE	12	LEICHHARDT	2:28.68	_____	_____
1	ROBERTSON, MAY	13	CHARLESTOWN	2:27.95	_____	_____
2	ARNOT, ANNABEL	16	MITTAGONG	2:25.35	_____	_____
3	FAISEY, KETZIA	15	THE HILLS	2:24.32	_____	_____
4	FISHER, SIENNA	14	SLC AQUADOT	2:23.63	_____	_____
5	MOLES, EVA	16	MACQUARIE UNI	2:24.00	_____	_____
6	DALE, OLIVIA	13	CASTLE HILL	2:24.46	_____	_____
7	ELLIOTT, TAHLI	14	NARRABEEN	2:25.83	_____	_____
8	PARK, EMMA	15	CASTLE HILL	2:28.59	_____	_____
9	GARTNER, MAKENZI	12	SOPAC	2:30.10	_____	_____
Heat 3 of 4 Timed Finals						
0	SHEEKEY, CLAIRE	13	SLC AQUADOT	2:34.79	_____	_____
1	LARYMORE, CHLOE	15	LORETO	2:34.19	_____	_____
2	MALONE, CAOIMHE	14	NARRABEEN	2:32.52	_____	_____
3	SKEEN, MADISON	15	MINGARA	2:31.39	_____	_____
4	NICOTRA, ANALISE	13	REVESBY	2:30.23	_____	_____
5	ANTONIR, MAYA	16	CITY OF SYDNEY	2:30.64	_____	_____
6	PITTAMS, LOLA	13	REVESBY	2:32.05	_____	_____
7	WILLIAMSON, PAIGE	17	LORETO	2:32.80	_____	_____
8	WELLS, FELICITY	13	LOWER BLUE MOUNTAINS	2:34.67	_____	_____
9	GAN, CHARLOTTE	13	MLC MARLINS	2:35.19	_____	_____
Heat 4 of 4 Timed Finals						
2	RUSSELL, SIOBHAN	13	TOUKLEY	2:46.62	_____	_____
3	WONG, ISABEL	13	MLC MARLINS	2:38.52	_____	_____
4	KOTEVSKI, GISELLE	14	SANS SOUCI	2:35.88	_____	_____
5	BROWN, CHARLOTTE	10	SANS SOUCI	2:37.01	_____	_____
6	LIN, AURORA	11	CASTLE HILL	2:41.88	_____	_____
7	SKARSTROM, MAKAYLA	14	HAWKESBURY	2:54.25	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 3 Men 9 & Over 100 LC Meter Breaststroke



SPONSORED BY HENRY AND HYMAS

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	MCDONALD, FINN	14	NORWEST	1:18.15	_____	_____
1	LONDON, DANIEL	15	MACQUARIE UNI	1:17.17	_____	_____
2	POLLITT, HARRY	14	SHORE	1:15.77	_____	_____
3	ASHCROFT, MATT	17	THE HILLS	1:15.52	_____	_____
4	CASHMAN, CALEB	16	KINROSS WOLAROI	1:10.84	_____	_____
5	MERCER, JACK	15	BARKER	1:14.63	_____	_____
6	CASHMAN, BRODIE	15	KINROSS WOLAROI	1:15.67	_____	_____
7	SOLIMAN, DAVID	15	CASTLE HILL	1:17.06	_____	_____
8	AU-YEUNG, NATHAN	15	THE HILLS	1:17.82	_____	_____
9	BELL, DARCY	17	WINDSOR	1:18.49	_____	_____
Heat 2 of 4 Timed Finals						
0	ZHANG, LONGTENG	10	PLC SYDNEY	1:30.01	_____	_____
1	WALTERS, MAX	13	NARRABEEN	1:28.82	_____	_____
2	GENG, JAIDEN	13	CASTLE HILL	1:25.89	_____	_____
3	LAW, JAYDEN	14	NARRABEEN	1:22.57	_____	_____
4	MARTIN, THOMAS	14	RAVENSWOOD	1:20.31	_____	_____
5	JAN, KESTER	13	WARRINGAH	1:21.15	_____	_____
6	SWEENEY, BOSTON	11	KINCOPPAL	1:24.92	_____	_____
7	KASNUR, NICHOLAS	12	MLC MARLINS	1:26.45	_____	_____
8	BONE, ASHTON	12	GOSFORD	1:29.56	_____	_____
9	JO, JONAH	12	NUSWIM	1:30.54	_____	_____
Heat 3 of 4 Timed Finals						
0	CORNISH-BROWN, WILLIAM	13	CASTLE HILL	1:44.12	_____	_____
1	LI, JEFFERY	12	MACQUARIE UNI	1:41.51	_____	_____
2	MASSALI-SINGH, ARMAAN	12	NORWEST	1:38.38	_____	_____
3	HOLZ, JOSEPH	12	NUSWIM	1:33.29	_____	_____
4	SINCLAIRE, LEVI	12	WOY WOY	1:30.82	_____	_____
5	MCGEE, OLLIE	10	PLC SYDNEY	1:32.09	_____	_____
6	HENDRIKS, KIERAN	12	NARRABEEN	1:34.99	_____	_____
7	CHEN, ZACHARY	11	KNOX PYMBLE	1:39.57	_____	_____
8	CHABO, THOMAS	9	MLC MARLINS	1:43.68	_____	_____
9	MORPHETT, NOAH	11	NEPEAN	1:46.66	_____	_____
Heat 4 of 4 Timed Finals						
0	CASTRO, LOUIS	10	NARRABEEN	NT	_____	_____
1	WU, ARTHUR	9	NORWEST	1:58.24	_____	_____
2	ELLIOTT, FYN	11	KINCUMBER	1:52.24	_____	_____
3	BENSON, MITCHELL	12	KINCUMBER	1:50.65	_____	_____
4	WALTERS, FINN	11	NARRABEEN	1:47.18	_____	_____
5	DENG, AUSTIN	10	KNOX PYMBLE	1:48.94	_____	_____
6	SCANLAN, FLYNN	12	NORWEST	1:51.71	_____	_____
7	HOLZ, PATRICK	10	NUSWIM	1:53.01	_____	_____
8	WORLEY, JOSHUA	10	NEPEAN	3:11.15	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 4 Women 9 & Over 100 LC Meter Breaststroke



SPONSORED BY HENRY AND HYMAS

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 7 Timed Finals						
0	BOSS, NATASHA	14	NARRABEEN	1:25.19	_____	_____
1	SUMNER, LILY	14	NORWEST	1:24.76	_____	_____
2	O'KEEFFE, SAHARA	14	MINGARA	1:23.94	_____	_____
3	DANIELL, GRACE	14	KINCUMBER	1:21.15	_____	_____
4	WHALAN, SIENNA	16	KINROSS WOLAROI	1:15.47	_____	_____
5	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	1:18.97	_____	_____
6	ARNOT, ANNABEL	16	MITTAGONG	1:22.77	_____	_____
7	CAI, DORA	10	MLC MARLINS	1:24.76	_____	_____
8	ELLIOTT, MIA	15	KINCUMBER	1:25.15	_____	_____
9	TREADWELL, OLIVIA	13	TRINITY	1:26.80	_____	_____
Heat 2 of 7 Timed Finals						
0	AGUILAR, JEWEL MADDISON	11	REVESBY	1:30.88	_____	_____
1	JONES, IMOGEN	12	KNOX PYMBLE	1:28.75	_____	_____
2	KUMAR, SAHANA	14	PLC SYDNEY	1:27.65	_____	_____
3	CASHMAN, GEMMA	12	KINROSS WOLAROI	1:27.45	_____	_____
4	HAMILTON, SOPHIE	13	NOVOCASTRIAN	1:27.10	_____	_____
5	WATSON, BILLI	13	WINDSOR	1:27.38	_____	_____
6	KUMCEVSKI, CLARISSA	14	SANS SOUCI	1:27.46	_____	_____
7	HARNWELL, ABIGAIL	13	NARRABEEN	1:28.67	_____	_____
8	ROBERTSON, MAY	13	CHARLESTOWN	1:29.15	_____	_____
9	ARTHUR, MARY	13	SWIMWEST	1:31.14	_____	_____
Heat 3 of 7 Timed Finals						
0	HOCKING, KARA	13	CAMDEN	1:33.30	_____	_____
1	HOOLEY, ELLA	13	MANLY	1:32.82	_____	_____
2	LI, OLIVIA	12	TIVOLI	1:32.48	_____	_____
3	SHEEKEY, CLAIRE	13	SLC AQUADOT	1:31.60	_____	_____
4	CAVE, ELLA	18	LORETO	1:31.27	_____	_____
5	WONG, ZOE	13	CARLILE	1:31.50	_____	_____
6	BROWN, OLIVIA	14	WINDSOR	1:31.98	_____	_____
7	HUNT, ISABELLA	15	LORETO	1:32.64	_____	_____
8	HARRISON, LOLA	16	NARRABEEN	1:33.24	_____	_____
9	SUMNER, ALANNAH	12	NORWEST	1:33.79	_____	_____
Heat 4 of 7 Timed Finals						
0	HARISSON, CAITLYN	13	BATHURST CITY	1:38.22	_____	_____
1	MCELLIGOTT, SASHA	13	WENONA	1:37.38	_____	_____
2	COLLIER, EISHA	11	NARRABEEN	1:37.08	_____	_____
3	RULE, RUBY	10	KOOTINGAL MOONBI	1:35.27	_____	_____
4	CAVE, ZARA	15	LORETO	1:34.01	_____	_____
5	CHAPMAN, TAHLIA	11	WINDSOR	1:34.80	_____	_____
6	HOCKING, EVA	15	CAMDEN	1:35.30	_____	_____
7	LIN, AURORA	11	CASTLE HILL	1:37.34	_____	_____
8	JAASKELAINEN, VILMA	13	LEICHHARDT	1:38.12	_____	_____
9	JONES, ERIN	11	PLC SYDNEY	1:38.47	_____	_____



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Heat 5 Timed Finals... (Event 4 Women 9 & Over 100 LC Meter Breaststroke)

0	NAGY, EVIE	11	WINDSOR	1:42.48	_____	_____
1	DENOVAN, ANAIS	12	NARRABEEN	1:41.84	_____	_____
2	DRIES, HILARY	13	LEICHHARDT	1:40.50	_____	_____
3	PETRIE, SOPHIE	10	LOWER BLUE MOUNTAINS	1:39.50	_____	_____
4	WONG, ISABEL	13	MLC MARLINS	1:38.58	_____	_____
5	VASSALLO, SHIONA	14	HAWKESBURY	1:38.77	_____	_____
6	O'BRIEN, JASMINE	15	AUBURN	1:40.33	_____	_____
7	LOW, SKYLAR	11	NORWEST	1:41.11	_____	_____
8	MORPHETT, SARAH	14	NEPEAN	1:42.36	_____	_____
9	HEGARTY, TATUM	11	NARRABEEN	1:44.41	_____	_____

Heat 6 of 7 Timed Finals

0	NEGRI, KEIRA	12	NORWEST	1:55.99	_____	_____
1	MCDONALD, MIEKE	9	NORWEST	1:51.47	_____	_____
2	CHOI, GINA	9	PLC SYDNEY	1:49.59	_____	_____
3	PARK, ALLY	12	CASTLE HILL	1:47.82	_____	_____
4	SPITERI, SIENNA	11	LEICHHARDT	1:45.90	_____	_____
5	REGTOP, LIVA	9	NARRABEEN	1:46.10	_____	_____
6	HARRINGTON, ROSE	11	NORWEST	1:49.29	_____	_____
7	DUNLOP, LILY	10	WINDSOR	1:51.28	_____	_____
8	DIEGO, VALENTINA	12	MINGARA	1:55.56	_____	_____
9	SOYLU, RUYA	11	NARRABEEN	2:01.36	_____	_____

Heat 7 of 7 Timed Finals

0	LI, SOPHIA	11	RAVENSWOOD	NT	_____	_____
1	HOWELLS, EVELYN	13	NARRABEEN	NT	_____	_____
2	BET, ELENA	10	FORBES FINS	2:06.71	_____	_____
3	CAI, COEY	9	SOPAC	2:04.60	_____	_____
4	HUNT, MADDISON	11	WARREN	2:01.43	_____	_____
5	NUTT, SAMANTHA	12	LORETO	2:01.61	_____	_____
6	CASHMAN, AMELIA	10	KINROSS WOLAROI	2:06.46	_____	_____
7	JOSIO, FELICE	11	NEPEAN	2:30.74	_____	_____
8	NG, ALIZA	12	CASTLE HILL	NT	_____	_____
9	LI, JENNY	10	AUBURN	NT	_____	_____

Event 5 Men 10 & Over 200 LC Meter Butterfly

Lane Name Age Team Seed Time Finals Place

Heat 1 of 2 Timed Finals

1	REID, HARRISON	14	LANE COVE	2:37.00	_____	_____
2	JONES, NATHAN	13	TRINITY	2:33.89	_____	_____
3	MACKAY, ALEXANDER	14	WOLLONGONG	2:25.91	_____	_____
4	CHEN, LUKE	13	NARRABEEN	2:21.61	_____	_____
5	KELLY, OLIVER	14	SHORE	2:22.16	_____	_____
6	SCANLON-DAWSON, ALEXANDER	15	SCULLY PARK	2:33.30	_____	_____
7	WOODS, EUAN	15	NEPEAN	2:36.57	_____	_____
8	FITZSIMMONS, CALLUM	13	NARRABEEN	2:43.47	_____	_____

Heat 2 of 2 Timed Finals

3	GAN, CALEB	11	MLC MARLINS	3:40.00	_____	_____
4	FISHER, OLIVER	13	RAVENSWOOD	2:49.31	_____	_____
5	MORPHETT, NOAH	11	NEPEAN	3:26.08	_____	_____



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Event	6 Women 10 & Over 200 LC Meter Butterfly				Seed Time	Finals	Place
Lane	Name	Age	Team				
Heat	1 of 1 Timed Finals						
1	LEROS, MARISSA	14	SANS SOUCI		2:53.93	_____	_____
2	OLD, MADELINE	15	THE HILLS		2:47.08	_____	_____
3	SONG, SARAH	14	THE HILLS		2:37.32	_____	_____
4	BOCHENEK, IRIS	14	REVESBY		2:34.73	_____	_____
5	DEARDEN, ANASTASIA	15	NORWEST		2:35.49	_____	_____
6	CHIA, MEGAN	12	KNOX PYMBLE		2:41.53	_____	_____
7	MURAKAMI, LILY	12	ATLANTIS		2:49.93	_____	_____
8	NICOTRA, ALEXIA	13	REVESBY		3:21.47	_____	_____

Event	7 Men 8 & Over 50 LC Meter Backstroke				Seed Time	Finals	Place
Lane	Name	Age	Team				
Heat	1 of 9 Timed Finals						
0	THOMSON, KAI	16	MANLY		30.47	_____	_____
1	LONDON, DANIEL	15	MACQUARIE UNI		30.38	_____	_____
2	REGATTIERI, TAHJ	15	KINCUMBER		29.67	_____	_____
3	BARRETT, ZAK	16	KNOX PYMBLE		29.13	_____	_____
4	KELLY, HUNTER	17	LOWER BLUE MOUNTAINS		28.97	_____	_____
5	STOCKLEY, JACK	15	KNOX PYMBLE		29.07	_____	_____
6	WORKMAN, NOAH	17	BARKER		29.65	_____	_____
7	NOTHDURFTER, ANDREW	16	MOUNT ANNAN		29.73	_____	_____
8	SMITH, BRODIE	15	ATLANTIS		30.41	_____	_____
9	ASHCROFT, MATT	17	THE HILLS		30.74	_____	_____
Heat	2 of 9 Timed Finals						
0	CLAYTON, MAXIMILIAN	13	TRINITY		32.90	_____	_____
1	MILLER, AIDEN	15	REVESBY		32.46	_____	_____
2	THOMPSON, HUDSON	15	WARRINGAH		31.84	_____	_____
3	KITCHER, JAMES	17	NORWEST		31.48	_____	_____
4	THOMPSON, JACK	17	WARRINGAH		31.19	_____	_____
5	LAM, LEWIS	15	CASTLE HILL		31.23	_____	_____
6	CONOMOS, HARRY	15	BARKER		31.55	_____	_____
7	RANKEN, ALEXANDER	14	SOUTHERN SYDNEY		32.31	_____	_____
8	LYNAS, BENJI	12	KNOX PYMBLE		32.55	_____	_____
9	BET, LUCA	15	FORBES FINS		32.94	_____	_____
Heat	3 of 9 Timed Finals						
0	SANDSTROM, CHANCE	14	NUSWIM		34.82	_____	_____
1	GRIMLEY, CALLUM	15	SWIMWEST		33.86	_____	_____
2	MILLER, JOEL	14	NEWINGTON		33.81	_____	_____
3	FISHER, OLIVER	13	RAVENSWOOD		33.58	_____	_____
4	LAWSON, THOMAS	15	NEPEAN		33.23	_____	_____
5	MCMANUS, TYLER	16	ORANGE		33.57	_____	_____
6	THOMPSON, JAYDEN	14	MINGARA		33.67	_____	_____
7	KELLY, FINN	13	LOWER BLUE MOUNTAINS		33.84	_____	_____
8	STREET, TOBY	14	TRINITY		34.25	_____	_____
9	SVENSSON, JOSHUA	13	SHORE		35.13	_____	_____



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Heat 4	Timed Finals...	(Event 7	Men 8 & Over 50 LC Meter Backstroke)		
0	WALLACE, OSCAR	14	KINCUMBER	36.18	_____
1	SOLIMAN, DAVID	15	CASTLE HILL	36.03	_____
2	REEKS, THOMAS	13	RIPPLES ST MARYS	35.79	_____
3	JIN, DANIEL	10	AUBURN	35.63	_____
4	CLARKE, REN	12	PLC SYDNEY	35.20	_____
5	HOYE, MILLER	13	NARRABEEN	35.54	_____
6	LAW, JAYDEN	14	NARRABEEN	35.76	_____
7	WATT, COOPER	13	NARRABEEN	35.80	_____
8	GLASSON, JOEL	13	SOUTHERN SYDNEY	36.18	_____
9	MEAD, KOBI	12	SLC AQUADOT	36.36	_____
Heat 5	of 9 Timed Finals				
0	ADAMS, IZAAK	11	NARRABEEN	38.91	_____
1	LYNAS, BEAU	10	KNOX PYMBLE	37.45	_____
2	GILBERT, BYRON	12	NARRABEEN	37.34	_____
3	MCDONALD, OTTO	12	LEICHHARDT	37.16	_____
4	WORLEY, JESSE	11	NEPEAN	36.41	_____
5	BROWN, LUKE	12	WINDSOR	36.91	_____
6	LIN, DEREK	12	KNOX PYMBLE	37.23	_____
7	HANSEN, TOBY	14	LEICHHARDT	37.34	_____
8	COLLINS, OLIVER	12	KNOX PYMBLE	38.88	_____
9	KOPEC, JACKSON	11	MOUNTIES	38.93	_____
Heat 6	of 9 Timed Finals				
0	LI, JEFFERY	12	MACQUARIE UNI	41.72	_____
1	HOLZ, PATRICK	10	NUSWIM	41.60	_____
2	MOLDOVAN, MAXWELL	13	REVESBY	40.46	_____
3	HOLZ, JOSEPH	12	NUSWIM	40.02	_____
4	BORG, SPENCER	10	NUSWIM	39.58	_____
5	RAJEEV, MARAN	12	KNOX PYMBLE	39.77	_____
6	MORPHETT, NOAH	11	NEPEAN	40.04	_____
7	CHABO, THOMAS	9	MLC MARLINS	41.37	_____
8	JO, JONAH	12	NUSWIM	41.66	_____
9	DENG, AUSTIN	10	KNOX PYMBLE	41.80	_____
Heat 7	of 9 Timed Finals				
0	GINIGE, CALLUM	10	MACQUARIE FIELDS	47.83	_____
1	NEYENHUYS, JAMES	11	MENAI	46.98	_____
2	HAGEN, BILLY	10	MITTAGONG	44.14	_____
3	CHO, DANIEL	12	PLC SYDNEY	43.95	_____
4	WU, EDWARD	9	KNOX PYMBLE	42.12	_____
5	ALEXANDER, JESSE	10	KNOX PYMBLE	42.41	_____
6	CALLON, MAC	11	LEICHHARDT	44.06	_____
7	MASSALI-SINGH, ARMAAN	12	NORWEST	46.27	_____
8	SLATER, MITCHELL	11	BARKER	47.56	_____
9	YUAN, JEFFREY	8	KNOX PYMBLE	48.07	_____
Heat 8	of 9 Timed Finals				
0	DI, ELVIN	10	CASTLE HILL	53.21	_____
1	LIU, BOAO	8	NORWEST	50.21	_____
2	SKELLY, LEVI	11	WOY WOY	49.92	_____
3	WU, ARTHUR	9	NORWEST	48.49	_____
4	WALTERS, JACK	11	NARRABEEN	48.19	_____
5	ZHANG, XIAORUI	8	PLC SYDNEY	48.45	_____
6	BOGUNOVIC, ZAC	11	NARRABEEN	49.20	_____
7	XU, HARRY	8	NORWEST	49.99	_____
8	KAKKAD, DHRUV	10	NORWEST	50.72	_____
9	FAN, LUCAS	9	CASTLE HILL	53.92	_____



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Heat	9	Timed Finals...	(Event 7	Men 8 & Over 50 LC Meter Backstroke)			
1	WORLEY, JOSHUA		10	NEPEAN	1:09.41	_____	_____
2	LIU, KENNETH		9	MLC MARLINS	57.77	_____	_____
3	JONES, CHRISTIAN		8	LEICHHARDT	56.57	_____	_____
4	SKINNER, WILLIAM		8	NARRABEEN	54.89	_____	_____
5	ZHANG, AARON		8	MLC MARLINS	55.16	_____	_____
6	BOGUNOVIC, HEATH		9	NARRABEEN	57.44	_____	_____
7	MCLEAN, JACK		8	NARRABEEN	1:00.91	_____	_____
8	JENNINGS, EWAN		15	KATOOMBA	NT	_____	_____

Event	8	Women 8 & Over 50 LC Meter Backstroke					
Lane	Name	Age	Team	Seed Time	Finals	Place	
Heat 1 of 13 Timed Finals							
0	RUZEK, FELICITY	15	KINCUMBER	33.23	_____	_____	
1	GALEA, GISELLE	15	SANS SOUCI	33.04	_____	_____	
2	DOWNS, JADE	15	KINCUMBER	32.90	_____	_____	
3	O'KEEFFE, SAHARA	14	MINGARA	32.55	_____	_____	
4	HAMILTON, SOPHIE	13	NOVOCASTRIAN	31.86	_____	_____	
5	SYMONDS, EMILY	16	NARRABEEN	32.40	_____	_____	
6	MILANOVIC, LILY	15	KINCUMBER	32.79	_____	_____	
7	SWANN, AMELIE	14	NARRABEEN	33.03	_____	_____	
8	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	33.09	_____	_____	
9	HAMILTON, ABBY	16	WARRINGAH	33.55	_____	_____	
Heat 2 of 13 Timed Finals							
0	CALLON, LILY	13	LEICHHARDT	34.96	_____	_____	
1	STEWART, TARA	15	NUSWIM	34.61	_____	_____	
2	MARZIC, SIENNA	14	SANS SOUCI	34.25	_____	_____	
3	SIMPSON, JENNA	15	CAMDEN	34.05	_____	_____	
4	CLAYTON, ELLA	11	TRINITY	33.69	_____	_____	
5	WELLS, FELICITY	13	LOWER BLUE MOUNTAINS	34.02	_____	_____	
6	KNOX, OLIVIA	15	MOUNT ANNAN	34.14	_____	_____	
7	GARUFI, REGAN	16	LORETO	34.32	_____	_____	
8	KASNUR, NADYA	17	MLC MARLINS	34.77	_____	_____	
9	MITCHAM, GENEVIEVE	15	GINNINDERRA	35.11	_____	_____	
Heat 3 of 13 Timed Finals							
0	RAMSAY, JASMIN	13	MOSMAN	35.97	_____	_____	
1	ROBERTSON, MAY	13	CHARLESTOWN	35.88	_____	_____	
2	ELLIOTT, TAHLI	14	NARRABEEN	35.84	_____	_____	
3	ANTONIR, MAYA	16	CITY OF SYDNEY	35.50	_____	_____	
4	JONES, IMOGEN	12	KNOX PYMBLE	35.22	_____	_____	
5	FISHER, SIENNA	14	SLC AQUADOT	35.44	_____	_____	
6	LEUNG, HAILEY	14	CASTLE HILL	35.73	_____	_____	
7	HAMILTON, RYLEE	14	WARRINGAH	35.85	_____	_____	
8	DALE, RUBY	11	CASTLE HILL	35.94	_____	_____	
9	MOLES, GRACIE	14	MACQUARIE UNI	35.99	_____	_____	
Heat 4 of 13 Timed Finals							
0	ARTHUR, MARY	13	SWIMWEST	36.65	_____	_____	
1	DIXON, MYAH	12	MINGARA	36.40	_____	_____	
2	ANDREWS, LILLY	11	NARRABEEN	36.37	_____	_____	
3	FAISEY, KETZIA	15	THE HILLS	36.18	_____	_____	
4	LOH, MAKAYLA	13	CASTLE HILL	36.10	_____	_____	
5	TZIKAS, JENNIFER	13	REVESBY	36.14	_____	_____	
6	MOLES, EVA	16	MACQUARIE UNI	36.22	_____	_____	
7	HOOLEY, AVA	15	NARRABEEN	36.37	_____	_____	
8	ELLIOTT, KRYSTAL	15	NARRABEEN	36.41	_____	_____	
9	HOOLEY, ELLA	13	MANLY	36.80	_____	_____	



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Heat 5 Timed Finals... (Event 8 Women 8 & Over 50 LC Meter Backstroke)

0	HOCKING, EVA	15	CAMDEN	38.52		
1	OCONNOR, VIENNA	11	WINDSOR	38.04		
2	AGUILAR, JEWEL MADDISON	11	REVESBY	37.92		
3	NAVARRO-FLOOD, CAOILAINN	12	PLC SYDNEY	37.65		
4	SIMS, KEISHA	15	LORETO	37.48		
5	NAVAKAS, KATARINA	12	NARRABEEN	37.55		
6	LI, OLIVIA	12	TIVOLI	37.69		
7	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	38.01		
8	NG, ALIZA	12	CASTLE HILL	38.42		
9	CAI, DORA	10	MLC MARLINS	38.75		

Heat 6 of 13 Timed Finals

0	MORPHETT, SARAH	14	NEPEAN	39.70		
1	KUMCEVSKI, CLARISSA	14	SANS SOUCI	39.58		
2	LARYMORE, CHLOE	15	LORETO	39.54		
3	RUSSELL, SIOBHAN	13	TOUKLEY	39.49		
4	DU, ANGELINA	12	SOPAC	39.14		
5	FISHER, CLAIRE	11	RAVENSWOOD	39.36		
6	LOCKIE, AIMEE	12	WOY WOY	39.52		
7	HOCKING, KARA	13	CAMDEN	39.55		
8	HU, GEORGIANA	14	SWIM INFINITI	39.61		
9	SCHOLTENS, EMMA	13	WARRINGAH	39.75		

Heat 7 of 13 Timed Finals

0	JAASKELAINEN, MINTTU	15	LEICHHARDT	40.98		
1	PARK, EMMA	15	CASTLE HILL	40.86		
2	LI, SOPHIA	11	RAVENSWOOD	40.75		
3	THOMPSON, OLIVIA	13	WARRINGAH	40.39		
4	OHLBACK, ZALI	11	KINCUMBER	40.28		
5	PITTAMS, LOLA	13	REVESBY	40.33		
6	WATKINS, SCARLETT	14	SANS SOUCI	40.71		
7	PENNY, MAYA	14	SOUTHERN SYDNEY	40.82		
8	CHAPMAN, TAHLIA	11	WINDSOR	40.97		
9	KELLY, ISABELLE	13	MANLY	41.17		

Heat 8 of 13 Timed Finals

0	HARRINGTON, ROSE	11	NORWEST	43.21		
1	O'BRIEN, JASMINE	15	AUBURN	41.97		
2	KEYS, DAISY	12	NARRABEEN	41.45		
3	GILBERT, POPPY	10	NARRABEEN	41.35		
4	HARISSON, CAITLYN	13	BATHURST CITY	41.23		
5	BARNES, GRACE	12	LEICHHARDT	41.33		
6	JAASKELAINEN, VILMA	13	LEICHHARDT	41.39		
7	GOUWS, OLIVIA	12	LORETO	41.94		
8	GILLESPIE, ALYSSA	15	NARRABEEN	42.89		
9	COHEN, TAYLAH	9	KINCUMBER	43.91		

Heat 9 of 13 Timed Finals

0	MCDONALD, MIEKE	9	NORWEST	45.32		
1	PERRY, ZAHLI	11	NORWEST	44.84		
2	EASTMEAD, SARAH	11	NARRABEEN	44.45		
3	REGTOP, LIVA	9	NARRABEEN	44.33		
4	HAGEN, MAE	8	MITTAGONG	44.11		
5	YU, CHENXUAN	11	KNOX PYMBLE	44.18		
6	NAGY, EVIE	11	WINDSOR	44.35		
7	ZHENG, AIMEE	9	SOPAC	44.78		
8	HEGARTY, TATUM	11	NARRABEEN	45.14		
9	HUANG, CLAIRE	8	AUBURN	45.44		



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Heat 10 Timed Finals... (Event 8 Women 8 & Over 50 LC Meter Backstroke)

0	COHEN, KEIRA	10	KINCUMBER	47.21		
1	GURAYA, SARANJEET KAUR	11	WINDSOR	47.04		
2	CHOI, GINA	9	PLC SYDNEY	46.62		
3	LUN, YUXI	9	KNOX PYMBLE	46.30		
4	LOW, SKYLAR	11	NORWEST	45.44		
5	XU, VERONICA	9	MLC MARLINS	45.74		
6	HUNT, MADDISON	11	WARREN	46.30		
7	SIMPSON, ARIA	9	CRONULLA	46.69		
8	JIAO, AIWEI	8	SWIM INFINITI	47.08		
9	REGTOP, ELVI	11	NARRABEEN	48.34		

Heat 11 of 13 Timed Finals

0	CHEN, ELLIE	8	MLC MARLINS	51.99		
1	WANG, ROSE	8	KNOX PYMBLE	51.55		
2	TENG, EVA	8	AUBURN	51.25		
3	UPSALL, ELSIE	10	LEICHHARDT	50.32		
4	LIN, SELENE	8	CASTLE HILL	48.38		
5	STREET, CLARA	10	SYDNEY UNI	48.64		
6	DIEGO, VALENTINA	12	MINGARA	50.35		
7	PERRY, HARPER	8	NORWEST	51.40		
8	MCGEE, JEMIMA	8	PLC SYDNEY	51.96		
9	CASHMAN, AMELIA	10	KINROSS WOLAROI	52.22		

Heat 12 of 13 Timed Finals

1	CHIK, OLIVIA	10	CARLILE	57.33		
2	VENTRA, KIMBERLEY	8	SOUTHERN SYDNEY	55.19		
3	BET, ELENA	10	FORBES FINS	53.20		
4	LAW, QUINCY	11	NARRABEEN	52.34		
5	WANG, LILIAN	8	MLC MARLINS	52.53		
6	JOSIO, FELICE	11	NEPEAN	53.33		
7	YE, ELLIE	8	AUBURN	57.08		
8	LU, AILIN	8	MLC MARLINS	1:01.03		

Heat 13 of 13 Timed Finals

3	O'KEEFE, HARTLEY	8	MINGARA	NT		
4	CARLISLE, EMILY	9	AQUABLITZ TOONGABBIE	1:03.86		
5	LEI, JOANNA	11	WOY WOY	NT		

Event 9 Men 9 & Over 100 LC Meter Freestyle

SPONSORED BY AVALON GOLF COURSE



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 10 Timed Finals						
0	GRIGGS, BEAU	14	REVESBY	57.59		
1	CASHMAN, CALEB	16	KINROSS WOLAROI	56.93		
2	STOCKLEY, JACK	15	KNOX PYMBLE	56.15		
3	MOYLAN, MAX	17	CRANBROOK	55.28		
4	SCOTT, MAX	17	MACQUARIE UNI	54.17		
5	SUVAJAC, NICHOLAS	17	NORWEST	54.87		
6	WOODROW, HARRISON	15	BARKER	56.05		
7	VELLA, BRODIE	16	ACU BLACKTOWN	56.31		
8	WORKMAN, NOAH	17	BARKER	57.57		
9	ABBOTT, GEORGE	15	NORWEST	57.79		



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Heat 2 Timed Finals... (Event 9 Men 9 & Over 100 LC Meter Freestyle)				
0	LAM, LEWIS	15	CASTLE HILL	59.90
1	GRAND, LUKE	14	NEPEAN	59.83
2	MCMANUS, TYLER	16	ORANGE	59.24
3	AU-YEUNG, NATHAN	15	THE HILLS	59.09
4	CLANCY, RYAN	14	MOSMAN	58.63
5	NOTHDURFTER, ANDREW	16	MOUNT ANNAN	58.69
6	CONOMOS, HARRY	15	BARKER	59.21
7	RANKEN, ALEXANDER	14	SOUTHERN SYDNEY	59.59
8	MACKAY, ALEXANDER	14	WOLLONGONG	59.88
9	SASA, REITO	15	ST GEORGE	1:00.50
Heat 3 of 10 Timed Finals				
0	JENNINGS, EWAN	15	KATOOMBA	1:01.78
1	THOMPSON, HUDSON	15	WARRINGAH	1:01.37
2	KITCHER, JAMES	17	NORWEST	1:01.31
3	SANDSTROM, CHANCE	14	NUSWIM	1:01.20
4	CHRISTOU, NICHOLAS	15	NARRABEEN	1:00.65
5	CASHMAN, BRODIE	15	KINROSS WOLAROI	1:00.81
6	JONES, NATHAN	13	TRINITY	1:01.28
7	THOMPSON, JACK	17	WARRINGAH	1:01.35
8	FLEMING, NICHOLAS	15	LEICHHARDT	1:01.42
9	ASHCROFT, MATT	17	THE HILLS	1:01.98
Heat 4 of 10 Timed Finals				
0	ALI, EHAN	13	KNOX PYMBLE	1:05.63
1	WONG, JACOB	13	MLC MARLINS	1:05.10
2	JAN, KESTER	13	WARRINGAH	1:04.32
3	SCHOLTENS, THOMAS	14	WARRINGAH	1:03.10
4	SOLIMAN, DAVID	15	CASTLE HILL	1:02.96
5	OKAZAKI, LUCA	13	WARRINGAH	1:03.05
6	FALZON, JULIAN	14	NEPEAN	1:03.96
7	THOMPSON, JAYDEN	14	MINGARA	1:04.93
8	MEAD, KOBI	12	SLC AQUADOT	1:05.49
9	FANNIN, CHARLIE	14	MITTAGONG	1:05.90
Heat 5 of 10 Timed Finals				
0	ABBOTT, THOMAS	12	NORWEST	1:07.48
1	CLARKE, REN	12	PLC SYDNEY	1:07.40
2	GLASSON, JOEL	13	SOUTHERN SYDNEY	1:07.04
3	FISHER, OLIVER	13	RAVENSWOOD	1:06.97
4	WATT, COOPER	13	NARRABEEN	1:06.24
5	BROWN, PHOENIX	12	LEICHHARDT	1:06.41
6	JONES, DANIEL	15	TRINITY	1:06.98
7	HOYE, MILLER	13	NARRABEEN	1:07.19
8	SINCLAIRE, LEVI	12	WOY WOY	1:07.47
9	BET, LUCA	15	FORBES FINS	1:07.64
Heat 6 of 10 Timed Finals				
0	HENDRIKS, KIERAN	12	NARRABEEN	1:12.42
1	SWEENEY, BOSTON	11	KINCOPPAL	1:09.73
2	JIN, DANIEL	10	AUBURN	1:09.18
3	CORNISH-BROWN, WILLIAM	13	CASTLE HILL	1:09.00
4	BROWN, LUKE	12	WINDSOR	1:07.76
5	WALLACE, OSCAR	14	KINCUMBER	1:07.78
6	GILBERT, BYRON	12	NARRABEEN	1:09.01
7	HANSEN, TOBY	14	LEICHHARDT	1:09.27
8	HUANG, JACKSON	12	NORWEST	1:10.43
9	PETRIE, WILLIAM	12	LOWER BLUE MOUNTAINS	1:12.48



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Heat	7	Timed Finals...	(Event 9	Men 9 & Over 100 LC Meter Freestyle)			
0	DEARDEN, OSCAR		11	KNOX PYMBLE	1:17.24	_____	_____
1	WALTERS, FINN		11	NARRABEEN	1:16.41	_____	_____
2	BORG, SPENCER		10	NUSWIM	1:14.28	_____	_____
3	KOPEC, JACKSON		11	MOUNTIES	1:13.03	_____	_____
4	CARMICHAEL, HAMISH		12	FORSTER	1:12.66	_____	_____
5	LI, JEFFERY		12	MACQUARIE UNI	1:12.93	_____	_____
6	JO, JONAH		12	NUSWIM	1:14.01	_____	_____
7	WALTERS, MAX		13	NARRABEEN	1:15.29	_____	_____
8	CHABO, THOMAS		9	MLC MARLINS	1:16.47	_____	_____
9	HOLZ, PATRICK		10	NUSWIM	1:17.99	_____	_____
Heat 8 of 10 Timed Finals							
0	SKELLY, LEVI		11	WOY WOY	1:28.27	_____	_____
1	WANG, MATTHEW		10	NORWEST	1:22.06	_____	_____
2	RAJEEV, MARAN		12	KNOX PYMBLE	1:20.84	_____	_____
3	WU, EDWARD		9	KNOX PYMBLE	1:20.12	_____	_____
4	ELLIOTT, FYN		11	KINCUMBER	1:19.04	_____	_____
5	CHO, DANIEL		12	PLC SYDNEY	1:19.14	_____	_____
6	MOHANTY, IDHANT		11	CASTLE HILL	1:20.33	_____	_____
7	MOLDOVAN, MAXWELL		13	REVESBY	1:21.97	_____	_____
8	ALEXANDER, JESSE		10	KNOX PYMBLE	1:23.85	_____	_____
9	HAGEN, BILLY		10	MITTAGONG	1:29.07	_____	_____
Heat 9 of 10 Timed Finals							
1	OUYANG, RAYMOND		9	KNOX PYMBLE	1:51.63	_____	_____
2	FAN, LUCAS		9	CASTLE HILL	1:39.88	_____	_____
3	NEYENHUYTS, JAMES		11	MENAI	1:38.08	_____	_____
4	CALLON, MAC		11	LEICHHARDT	1:32.94	_____	_____
5	MASSALI-SINGH, ARMAAN		12	NORWEST	1:37.82	_____	_____
6	DI, ELVIN		10	CASTLE HILL	1:39.72	_____	_____
7	CARLISLE, RILEY		11	AQUABLITZ TOONGABBIE	1:44.97	_____	_____
8	WORLEY, JOSHUA		10	NEPEAN	2:06.40	_____	_____
Heat 10 of 10 Timed Finals							
3	LUK, AUSTIN		9	MLC MARLINS	NT	_____	_____
4	GINIGE, CALLUM		10	MACQUARIE FIELDS	2:14.04	_____	_____
5	CASTRO, LOUIS		10	NARRABEEN	NT	_____	_____

Event 10 Women 9 & Over 100 LC Meter Freestyle

SPONSORED BY AVALON GOLF COURSE



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 12 Timed Finals						
0	ROBERTSON, MAY	13	CHARLESTOWN	1:03.90	_____	_____
1	JOHNS, GYPSY	14	WINDSOR	1:03.67	_____	_____
2	SCISLO, SOPHIE	14	FORSTER	1:02.83	_____	_____
3	CHANTLER, MADISON	14	MLC MARLINS	1:02.37	_____	_____
4	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	1:00.32	_____	_____
5	VALE, INDIANNA	14	KNOX PYMBLE	1:00.48	_____	_____
6	MOLES, GRACIE	14	MACQUARIE UNI	1:02.52	_____	_____
7	UNWIN, HAILEY	15	SANS SOUCI	1:02.93	_____	_____
8	RUZEK, FELICITY	15	KINCUMBER	1:03.84	_____	_____
9	HANCOCK, MATILDA	16	MANLY	1:03.95	_____	_____



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Heat 2 Timed Finals... (Event 10 Women 9 & Over 100 LC Meter Freestyle)

0	HARRISON, LOLA	16	NARRABEEN	1:05.09		
1	FISHER, SIENNA	14	SLC AQUADOT	1:04.88		
2	LEROS, MARISSA	14	SANS SOUCI	1:04.82		
3	JONES, HEIDI	13	PICTON	1:04.37		
4	DALE, OLIVIA	13	CASTLE HILL	1:04.03		
5	CAMPBELL, EMILY	14	SLC AQUADOT	1:04.27		
6	LINSSSEN, AMY	16	LANE COVE	1:04.47		
7	WELLS, FELICITY	13	LOWER BLUE MOUNTAINS	1:04.83		
8	DOWNS, JADE	15	KINCUMBER	1:04.90		
9	SWANN, AMELIE	14	NARRABEEN	1:05.31		

Heat 3 of 12 Timed Finals

0	KNOX, OLIVIA	15	MOUNT ANNAN	1:06.52		
1	GARUFI, REGAN	16	LORETO	1:06.06		
2	DEBELJA, BROOKE	14	LEICHHARDT	1:05.83		
3	TRANG, RHIANNON	15	LANE COVE	1:05.62		
4	SWEENEY, PIPER	13	CRANBROOK	1:05.49		
5	FAISEY, KETZIA	15	THE HILLS	1:05.60		
6	WILLIAMSON, PAIGE	17	LORETO	1:05.76		
7	DEARDEN, ANASTASIA	15	NORWEST	1:06.00		
8	MOLES, EVA	16	MACQUARIE UNI	1:06.27		
9	GARTNER, MAKENZI	12	SOPAC	1:06.68		

Heat 4 of 12 Timed Finals

0	LEUNG, HAILEY	14	CASTLE HILL	1:08.67		
1	BUCKLEY, LUCINDA	12	MLC MARLINS	1:08.51		
2	STEWART, TARA	15	NUSWIM	1:07.39		
3	HO, ALLISA	12	CASTLE HILL	1:07.19		
4	HOYE, ELLA	15	NARRABEEN	1:06.78		
5	ANTONIR, MAYA	16	CITY OF SYDNEY	1:07.19		
6	BARSOUM, JEMIMA	14	SANS SOUCI	1:07.38		
7	NG, ALIZA	12	CASTLE HILL	1:07.65		
8	HUNT, ISABELLA	15	LORETO	1:08.60		
9	KOTEVSKI, GISELLE	14	SANS SOUCI	1:08.80		

Heat 5 of 12 Timed Finals

0	KUMCEVSKI, CLARISSA	14	SANS SOUCI	1:09.55		
1	NICOTRA, ANALISE	13	REVESBY	1:09.51		
2	CASHMAN, GEMMA	12	KINROSS WOLAROI	1:09.36		
3	PITTAMS, LOLA	13	REVESBY	1:09.22		
4	JONES, IMOGEN	12	KNOX PYMBLE	1:08.89		
5	KEYS, DAISY	12	NARRABEEN	1:09.21		
6	NAVARRO-FLOOD, CAOILAINN	12	PLC SYDNEY	1:09.22		
7	ARTHUR, MARY	13	SWIMWEST	1:09.42		
8	DALE, RUBY	11	CASTLE HILL	1:09.54		
9	RAMSAY, JASMIN	13	MOSMAN	1:09.64		

Heat 6 of 12 Timed Finals

0	VASSALLO, SHIONA	14	HAWKESBURY	1:10.84		
1	SHEEKEY, CLAIRE	13	SLC AQUADOT	1:10.59		
2	JONES, DAKOTA	12	REVESBY	1:10.28		
3	WATKINS, SCARLETT	14	SANS SOUCI	1:10.01		
4	GAN, CHARLOTTE	13	MLC MARLINS	1:09.86		
5	COLLIER, EISHA	11	NARRABEEN	1:09.95		
6	BAIRD, LAUREN	13	MINGARA	1:10.07		
7	LIN, AURORA	11	CASTLE HILL	1:10.46		
8	OLD, MADELINE	15	THE HILLS	1:10.66		
9	CHAPMAN, TAHLIA	11	WINDSOR	1:11.19		



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Heat 7 Timed Finals... (Event 10 Women 9 & Over 100 LC Meter Freestyle)

0	MORPHETT, SARAH	14	NEPEAN	1:14.04	_____	_____
1	SUMNER, LILY	14	NORWEST	1:13.20	_____	_____
2	LOCKIE, AIMEE	12	WOY WOY	1:12.48	_____	_____
3	SCHOLTENS, EMMA	13	WARRINGAH	1:11.47	_____	_____
4	BURKE, OLIVIA	12	MLC MARLINS	1:11.22	_____	_____
5	LOH, MAKAYLA	13	CASTLE HILL	1:11.27	_____	_____
6	HOOLEY, AVA	15	NARRABEEN	1:11.74	_____	_____
7	HOWELLS, EVELYN	13	NARRABEEN	1:13.17	_____	_____
8	TUXFORD, SUMMER	12	TRINITY	1:13.93	_____	_____
9	WATSON, LILAH	13	ENGADINE	1:14.47	_____	_____

Heat 8 of 12 Timed Finals

0	HARISSON, CAITLYN	13	BATHURST CITY	1:16.78	_____	_____
1	YU, CHENXUAN	11	KNOX PYMBLE	1:16.18	_____	_____
2	JAASKELAINEN, MINTTU	15	LEICHHARDT	1:15.61	_____	_____
3	DONNELLY, AVA	10	REVESBY	1:15.17	_____	_____
4	OCONNOR, VIENNA	11	WINDSOR	1:14.54	_____	_____
5	HU, GEORGIANA	14	SWIM INFINITI	1:14.91	_____	_____
6	SPITZEROVA, KATHERINE	15	NARRABEEN	1:15.34	_____	_____
7	HARRINGTON, ROSE	11	NORWEST	1:16.18	_____	_____
8	MITCHAM, GENEVIEVE	15	GINNINDERRA	1:16.44	_____	_____
9	DRIES, HILARY	13	LEICHHARDT	1:17.41	_____	_____

Heat 9 of 12 Timed Finals

0	METCALFE, ALESSANDRA	10	KNOX PYMBLE	1:20.89	_____	_____
1	NEGRI, KEIRA	12	NORWEST	1:20.33	_____	_____
2	RULE, RUBY	10	KOOTINGAL MOONBI	1:18.48	_____	_____
3	LINSSSEN, REBECCA	13	LANE COVE	1:17.77	_____	_____
4	GOUWS, OLIVIA	12	LORETO	1:17.52	_____	_____
5	GILBERT, POPPY	10	NARRABEEN	1:17.69	_____	_____
6	JONES, ERIN	11	PLC SYDNEY	1:18.15	_____	_____
7	FISHER, CLAIRE	11	RAVENSWOOD	1:19.42	_____	_____
8	HEGARTY, TATUM	11	NARRABEEN	1:20.84	_____	_____
9	BARNES, GRACE	12	LEICHHARDT	1:21.09	_____	_____

Heat 10 of 12 Timed Finals

0	DENOVAN, ANAIS	12	NARRABEEN	1:23.94	_____	_____
1	NAGY, EVIE	11	WINDSOR	1:23.52	_____	_____
2	PERRY, ZAHLI	11	NORWEST	1:22.39	_____	_____
3	SHARMAN, PIPER	10	KINCUMBER	1:21.52	_____	_____
4	SPITERI, SIENNA	11	LEICHHARDT	1:21.25	_____	_____
5	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	1:21.44	_____	_____
6	MACKAY, MADELEINE	12	WOLLONGONG	1:21.82	_____	_____
7	CAI, DORA	10	MLC MARLINS	1:22.53	_____	_____
8	LOW, SKYLAR	11	NORWEST	1:23.84	_____	_____
9	NUTT, SAMANTHA	12	LORETO	1:24.10	_____	_____

Heat 11 of 12 Timed Finals

0	PARK, ALLY	12	CASTLE HILL	1:31.03	_____	_____
1	GURAYA, SARANJEET KAUR	11	WINDSOR	1:28.36	_____	_____
2	SKARSTROM, MAKAYLA	14	HAWKESBURY	1:27.11	_____	_____
3	SELLICK, GEMMA	13	WARRINGAH	1:25.38	_____	_____
4	DUNLOP, LILY	10	WINDSOR	1:25.13	_____	_____
5	SIMPSON, ARIA	9	CRONULLA	1:25.24	_____	_____
6	REGTOP, LIVA	9	NARRABEEN	1:26.10	_____	_____
7	HUNT, MADDISON	11	WARREN	1:27.53	_____	_____
8	LUN, YUXI	9	KNOX PYMBLE	1:30.12	_____	_____
9	DIEGO, VALENTINA	12	MINGARA	1:33.20	_____	_____



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Heat 12 Timed Finals... (Event 10 Women 9 & Over 100 LC Meter Freestyle)

2	CAI, COEY	9	SOPAC	1:45.70	_____	_____
3	UPSALL, ELSIE	10	LEICHHARDT	1:34.38	_____	_____
4	XU, VERONICA	9	MLC MARLINS	1:33.34	_____	_____
5	REGTOP, ELVI	11	NARRABEEN	1:34.16	_____	_____
6	ELLIOTT, ALYSSA	10	NARRABEEN	1:43.20	_____	_____
7	LEI, JOANNA	11	WOY WOY	NT	_____	_____

Event 11 Men 10 & Over 200 LC Meter IM

SPONSORED BY FISH OUT OF WATER MEDIA CO



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	NOTHDURFTER, ANDREW	16	MOUNT ANNAN	2:27.27	_____	_____
1	BARRETT, ZAK	16	KNOX PYMBLE	2:25.16	_____	_____
2	VELLA, BRODIE	16	ACU BLACKTOWN	2:21.43	_____	_____
3	CASHMAN, CALEB	16	KINROSS WOLAROI	2:14.08	_____	_____
4	BIBBY, LUKE	28	NARRABEEN	2:06.30	_____	_____
5	JOHNSON, TYLER	18	WARRINGAH	2:13.69	_____	_____
6	GOODCHILD, JENSEN	17	ABBOTSLEIGH	2:16.08	_____	_____
7	CHEN, LUKE	13	NARRABEEN	2:21.89	_____	_____
8	THOMSON, KAI	16	MANLY	2:26.57	_____	_____
9	CONOMOS, HARRY	15	BARKER	2:27.43	_____	_____
Heat 2 of 4 Timed Finals						
0	HOLZ, JOSEPH	12	NUSWIM	2:53.01	_____	_____
1	SINCLAIRE, LEVI	12	WOY WOY	2:51.45	_____	_____
2	GENG, JAIDEN	13	CASTLE HILL	2:39.67	_____	_____
3	CHRISTOU, NICHOLAS	15	NARRABEEN	2:36.11	_____	_____
4	HEGARTY, HUDSON	13	KNOX PYMBLE	2:30.83	_____	_____
5	MCGEE, CARTER	12	PLC SYDNEY	2:31.84	_____	_____
6	WONG, JAYDEN	16	MLC MARLINS	2:39.41	_____	_____
7	LAWSON, THOMAS	15	NEPEAN	2:42.80	_____	_____
8	MCGEE, OLLIE	10	PLC SYDNEY	2:52.64	_____	_____
9	WORLEY, JESSE	11	NEPEAN	2:54.92	_____	_____
Heat 3 of 4 Timed Finals						
0	ZHANG, LONGTENG	10	PLC SYDNEY	3:11.87	_____	_____
1	CHEN, ZACHARY	11	KNOX PYMBLE	3:07.10	_____	_____
2	RAJEEV, MARAN	12	KNOX PYMBLE	3:02.66	_____	_____
3	MORPHETT, NOAH	11	NEPEAN	3:01.65	_____	_____
4	JO, JONAH	12	NUSWIM	2:59.59	_____	_____
5	HUANG, JACKSON	12	NORWEST	2:59.69	_____	_____
6	BET, LUCA	15	FORBES FINS	3:01.98	_____	_____
7	ZHAO, DEAN	11	NORWEST	3:04.44	_____	_____
8	HOYE, MILLER	13	NARRABEEN	3:07.25	_____	_____
9	CORNISH-BROWN, WILLIAM	13	CASTLE HILL	3:16.71	_____	_____
Heat 4 of 4 Timed Finals						
3	BENSON, MITCHELL	12	KINCUMBER	3:23.95	_____	_____
4	HOLZ, PATRICK	10	NUSWIM	3:19.16	_____	_____
5	MOHANTY, IDHANT	11	CASTLE HILL	3:19.92	_____	_____



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Event 12 Women 10 & Over 200 LC Meter IM

SPONSORED BY FISH OUT OF WATER MEDIA CO



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 4 Timed Finals						
0	CASHMAN, GEMMA	12	KINROSS WOLAROI	2:46.24	_____	_____
1	SONG, SARAH	14	THE HILLS	2:42.46	_____	_____
2	SIMPSON, JENNA	15	CAMDEN	2:41.84	_____	_____
3	STOKES, ARCHIRAYA	17	PLC SYDNEY	2:34.31	_____	_____
4	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	2:33.56	_____	_____
5	HAMILTON, SOPHIE	13	NOVOCASTRIAN	2:34.05	_____	_____
6	DONALD, JOCELYN	15	SOPAC	2:38.03	_____	_____
7	BOSS, NATASHA	14	NARRABEEN	2:42.23	_____	_____
8	SYMONDS, EMILY	16	NARRABEEN	2:44.19	_____	_____
9	WHALAN, SIENNA	16	KINROSS WOLAROI	2:46.54	_____	_____
Heat 2 of 4 Timed Finals						
0	DU, ANGELINA	12	SOPAC	2:56.28	_____	_____
1	HOCKING, KARA	13	CAMDEN	2:54.22	_____	_____
2	YOUNG, MOLLY	11	NARRABEEN	2:53.21	_____	_____
3	HUNT, ISABELLA	15	LORETO	2:50.23	_____	_____
4	TZIKAS, JENNIFER	13	REVESBY	2:48.05	_____	_____
5	SKEEN, MADISON	15	MINGARA	2:49.50	_____	_____
6	CAI, DORA	10	MLC MARLINS	2:51.57	_____	_____
7	HOOLEY, ELLA	13	MANLY	2:53.66	_____	_____
8	MCELLIGOTT, SASHA	13	WENONA	2:55.95	_____	_____
9	CHAPMAN, TAHLIA	11	WINDSOR	2:56.58	_____	_____
Heat 3 of 4 Timed Finals						
0	WONG, ZOE	13	CARLILE	3:08.16	_____	_____
1	DONNELLY, AVA	10	REVESBY	3:04.84	_____	_____
2	MORPHETT, SARAH	14	NEPEAN	3:02.90	_____	_____
3	YU, CAROLYN	12	REVESBY	3:01.53	_____	_____
4	MALONE, CAOIMHE	14	NARRABEEN	2:59.92	_____	_____
5	CAVE, ELLA	18	LORETO	3:00.42	_____	_____
6	GREEN, ELISE	12	LEICHHARDT	3:01.90	_____	_____
7	CAVE, ZARA	15	LORETO	3:03.05	_____	_____
8	HOCKING, EVA	15	CAMDEN	3:05.74	_____	_____
9	BROWN, CHARLOTTE	10	SANS SOUCI	3:12.61	_____	_____
Heat 4 of 4 Timed Finals						
2	PERRY, ZAHLI	11	NORWEST	3:24.50	_____	_____
3	SHARMAN, PIPER	10	KINCUMBER	3:15.34	_____	_____
4	O'BRIEN, JASMINE	15	AUBURN	3:13.11	_____	_____
5	NAVAKAS, KATARINA	12	NARRABEEN	3:15.00	_____	_____
6	NAGY, EVIE	11	WINDSOR	3:16.97	_____	_____
7	OZOLS, VANESSA	18	AQUABLITZ TOONGABBIE	3:25.03	_____	_____



MEET PROGRAMME
2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 13 Men 8 & Over 50 LC Meter Butterfly

SPONSORED BY MT PLUMBING



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 9 Timed Finals						
0	KITCHER, JAMES	17	NORWEST	28.53	_____	_____
1	ASHCROFT, MATT	17	THE HILLS	28.50	_____	_____
2	BECKER, DANIEL	16	SHORE	28.09	_____	_____
3	HEGARTY, HUDSON	13	KNOX PYMBLE	27.77	_____	_____
4	SUVAJAC, NICHOLAS	17	NORWEST	26.80	_____	_____
5	LONDON, DANIEL	15	MACQUARIE UNI	27.32	_____	_____
6	REGATTIERI, TAHJ	15	KINCUMBER	27.81	_____	_____
7	CHRISTENSEN-GJERGJI, AURELIUS	16	MOSMAN	28.42	_____	_____
8	WORKMAN, NOAH	17	BARKER	28.51	_____	_____
9	MCMANUS, TYLER	16	ORANGE	28.80	_____	_____
Heat 2 of 9 Timed Finals						
0	CONOMOS, HARRY	15	BARKER	30.56	_____	_____
1	MERCER, JACK	15	BARKER	30.17	_____	_____
2	JONES, NATHAN	13	TRINITY	29.66	_____	_____
3	CHRISTOU, NICHOLAS	15	NARRABEEN	29.08	_____	_____
4	PARK, JOSHUA	14	MACQUARIE UNI	28.92	_____	_____
5	WONG, JAYDEN	16	MLC MARLINS	28.99	_____	_____
6	STOCKLEY, JACK	15	KNOX PYMBLE	29.41	_____	_____
7	MILLER, AIDEN	15	REVESBY	29.99	_____	_____
8	CLANCY, RYAN	14	MOSMAN	30.47	_____	_____
9	OKAZAKI, LUCA	13	WARRINGAH	30.69	_____	_____
Heat 3 of 9 Timed Finals						
0	GENG, JAIDEN	13	CASTLE HILL	32.31	_____	_____
1	ALI, EHAN	13	KNOX PYMBLE	32.04	_____	_____
2	FALZON, JULIAN	14	NEPEAN	31.73	_____	_____
3	AU-YEUNG, NATHAN	15	THE HILLS	31.02	_____	_____
4	REEKS, THOMAS	13	RIPPLES ST MARYS	30.94	_____	_____
5	LYNAS, BENJI	12	KNOX PYMBLE	30.94	_____	_____
6	SANDSTROM, CHANCE	14	NUSWIM	31.20	_____	_____
7	CHAN, SAMUEL	14	SHORE	31.97	_____	_____
8	LAM, LEWIS	15	CASTLE HILL	32.27	_____	_____
9	JAN, KESTER	13	WARRINGAH	32.32	_____	_____
Heat 4 of 9 Timed Finals						
0	ABBOTT, THOMAS	12	NORWEST	34.43	_____	_____
1	SWEENEY, BOSTON	11	KINCOPPAL	34.09	_____	_____
2	WATT, COOPER	13	NARRABEEN	33.68	_____	_____
3	ERICKSON, LIAM	13	KNOX PYMBLE	33.30	_____	_____
4	BET, LUCA	15	FORBES FINS	32.53	_____	_____
5	JENNINGS, EWAN	15	KATOOMBA	33.15	_____	_____
6	COWPER, DARCY	13	ENGADINE	33.67	_____	_____
7	BROWN, PHOENIX	12	LEICHHARDT	33.74	_____	_____
8	MEAD, KOBI	12	SLC AQUADOT	34.11	_____	_____
9	HOLZ, JOSEPH	12	NUSWIM	34.79	_____	_____



MEET PROGRAMME

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Heat 5 Timed Finals... (Event 13 Men 8 & Over 50 LC Meter Butterfly)

0	LYNAS, BEAU	10	KNOX PYMBLE	37.65		
1	BROWN, LUKE	12	WINDSOR	36.45		
2	SVENSSON, JOSHUA	13	SHORE	35.76		
3	WORLEY, JESSE	11	NEPEAN	35.55		
4	MCDONALD, OTTO	12	LEICHHARDT	34.97		
5	GAN, CALEB	11	MLC MARLINS	35.08		
6	KOPEC, JACKSON	11	MOUNTIES	35.75		
7	DEARDEN, OSCAR	11	KNOX PYMBLE	36.38		
8	MORPHETT, NOAH	11	NEPEAN	37.54		
9	HUANG, JACKSON	12	NORWEST	39.03		

Heat 6 of 9 Timed Finals

0	HAGEN, BILLY	10	MITTAGONG	44.82		
1	COLLINS, OLIVER	12	KNOX PYMBLE	42.65		
2	HANSEN, TOBY	14	LEICHHARDT	41.32		
3	LI, JEFFERY	12	MACQUARIE UNI	40.49		
4	HOLZ, PATRICK	10	NUSWIM	39.33		
5	CHABO, THOMAS	9	MLC MARLINS	39.52		
6	JO, JONAH	12	NUSWIM	40.96		
7	MOLDOVAN, MAXWELL	13	REVESBY	41.99		
8	WALTERS, MAX	13	NARRABEEN	42.70		
9	LIU, BOAO	8	NORWEST	46.13		

Heat 7 of 9 Timed Finals

0	ZHANG, XIAORUI	8	PLC SYDNEY	51.73		
1	SLATER, MITCHELL	11	BARKER	50.67		
2	CHO, DANIEL	12	PLC SYDNEY	49.54		
3	WU, ARTHUR	9	NORWEST	48.06		
4	NEYENHUYS, JAMES	11	MENAI	46.45		
5	LIN, DEREK	12	KNOX PYMBLE	46.69		
6	ADAMS, IZAAK	11	NARRABEEN	48.41		
7	LUK, AUSTIN	9	MLC MARLINS	50.67		
8	OUYANG, RAYMOND	9	KNOX PYMBLE	51.66		
9	YUAN, JEFFREY	8	KNOX PYMBLE	52.08		

Heat 8 of 9 Timed Finals

0	MASSALI-SINGH, ARMAAN	12	NORWEST	1:01.87		
1	BOGUNOVIC, HEATH	9	NARRABEEN	58.96		
2	LIU, KENNETH	9	MLC MARLINS	58.34		
3	FAN, LUCAS	9	CASTLE HILL	56.82		
4	WANG, JUSTIN	8	NORWEST	52.61		
5	ZHANG, AARON	8	MLC MARLINS	54.56		
6	WEN, LUKE	9	MLC MARLINS	56.94		
7	WALTERS, JACK	11	NARRABEEN	58.62		
8	SKINNER, WILLIAM	8	NARRABEEN	1:01.32		
9	HU, ETHAN	8	MLC MARLINS	1:03.50		

Heat 9 of 9 Timed Finals

0	JONES, CHRISTIAN	8	LEICHHARDT	NT		
1	ZHUO, YOUTING	9	SWIM INFINITI	NT		
2	FANNIN, CHARLIE	14	MITTAGONG	NT		
3	WORLEY, JOSHUA	10	NEPEAN	1:39.40		
4	DI, ELVIN	10	CASTLE HILL	1:05.39		
5	GINIGE, CALLUM	10	MACQUARIE FIELDS	1:27.17		
6	JING, ALBERT	30	SYDNEY UNI	NT		
7	SKELLY, LEVI	11	WOY WOY	NT		
8	MCLEAN, JACK	8	NARRABEEN	NT		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 14 Women 8 & Over 50 LC Meter Butterfly



SPONSORED BY MT PLUMBING

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 12 Timed Finals						
0	MARZIC, SIENNA	14	SANS SOUCI	30.97	_____	_____
1	SCISLO, SOPHIE	14	FORSTER	30.76	_____	_____
2	SWANN, AMELIE	14	NARRABEEN	30.63	_____	_____
3	MILANOVIC, LILY	15	KINCUMBER	30.33	_____	_____
4	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	28.55	_____	_____
5	HAMILTON, ABBY	16	WARRINGAH	30.07	_____	_____
6	SYMONDS, EMILY	16	NARRABEEN	30.44	_____	_____
7	FAISEY, KETZIA	15	THE HILLS	30.74	_____	_____
8	JONES, HEIDI	13	PICTON	30.91	_____	_____
9	DEARDEN, ANASTASIA	15	NORWEST	31.05	_____	_____
Heat 2 of 12 Timed Finals						
0	DALE, OLIVIA	13	CASTLE HILL	32.04	_____	_____
1	GARUFI, REGAN	16	LORETO	31.69	_____	_____
2	BARSOUM, JEMIMA	14	SANS SOUCI	31.68	_____	_____
3	HO, ALLISA	12	CASTLE HILL	31.52	_____	_____
4	LEROS, MARISSA	14	SANS SOUCI	31.11	_____	_____
5	HOYE, ELLA	15	NARRABEEN	31.22	_____	_____
6	HUNT, ISABELLA	15	LORETO	31.67	_____	_____
7	WHALAN, SIENNA	16	KINROSS WOLAROI	31.68	_____	_____
8	CHANTLER, MADISON	14	MLC MARLINS	31.89	_____	_____
9	LINSSEN, AMY	16	LANE COVE	32.18	_____	_____
Heat 3 of 12 Timed Finals						
0	GARTNER, MAKENZI	12	SOPAC	33.27	_____	_____
1	SIMS, KEISHA	15	LORETO	33.00	_____	_____
2	ROBERTSON, MAY	13	CHARLESTOWN	32.49	_____	_____
3	DANIELL, GRACE	14	KINCUMBER	32.35	_____	_____
4	DOWNS, JADE	15	KINCUMBER	32.19	_____	_____
5	MOLES, GRACIE	14	MACQUARIE UNI	32.31	_____	_____
6	FISHER, SIENNA	14	SLC AQUADOT	32.43	_____	_____
7	ELLIOTT, TAHLI	14	NARRABEEN	32.67	_____	_____
8	BOCHENEK, IRIS	14	REVESBY	33.15	_____	_____
9	CLAYTON, ELLA	11	TRINITY	33.35	_____	_____
Heat 4 of 12 Timed Finals						
0	WATSON, BILLI	13	WINDSOR	34.28	_____	_____
1	BAIRD, LAUREN	13	MINGARA	34.09	_____	_____
2	AGUILAR, JEWEL MADDISON	11	REVESBY	33.96	_____	_____
3	OLD, MADELINE	15	THE HILLS	33.55	_____	_____
4	NICOTRA, ALEXIA	13	REVESBY	33.46	_____	_____
5	DEBELJA, BROOKE	14	LEICHHARDT	33.55	_____	_____
6	HOOLEY, AVA	15	NARRABEEN	33.85	_____	_____
7	HOCKING, KARA	13	CAMDEN	33.97	_____	_____
8	HARRISON, LOLA	16	NARRABEEN	34.14	_____	_____
9	GAN, CHARLOTTE	13	MLC MARLINS	34.46	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 5 Timed Finals... (Event 14 Women 8 & Over 50 LC Meter Butterfly)

0	CAI, DORA	10	MLC MARLINS	35.65		
1	COLLIER, EISHA	11	NARRABEEN	35.24		
2	KEYS, DAISY	12	NARRABEEN	35.23		
3	LUONGO, MICAELA	13	REVESBY	34.71		
4	DALE, RUBY	11	CASTLE HILL	34.53		
5	MITCHAM, GENEVIEVE	15	GINNINDERRA	34.63		
6	ANDREWS, LILLY	11	NARRABEEN	34.97		
7	NG, ALIZA	12	CASTLE HILL	35.23		
8	JONES, DAKOTA	12	REVESBY	35.53		
9	PITTAMS, LOLA	13	REVESBY	35.85		

Heat 6 of 12 Timed Finals

0	SHARMAN, PIPER	10	KINCUMBER	37.60		
1	DONNELLY, AVA	10	REVESBY	37.46		
2	OCONNOR, VIENNA	11	WINDSOR	36.97		
3	JONES, ERIN	11	PLC SYDNEY	36.26		
4	HARISSON, CAITLYN	13	BATHURST CITY	35.89		
5	DIXON, MYAH	12	MINGARA	36.21		
6	NAVAKAS, KATARINA	12	NARRABEEN	36.40		
7	WATSON, LILAH	13	ENGADINE	37.05		
8	VASSALLO, SHIONA	14	HAWKESBURY	37.50		
9	PARK, EMMA	15	CASTLE HILL	37.76		

Heat 7 of 12 Timed Finals

0	DRIES, HILARY	13	LEICHHARDT	38.98		
1	HU, GEORGIANA	14	SWIM INFINITI	38.92		
2	HUNT, MADDISON	11	WARREN	38.47		
3	OHLBACK, ZALI	11	KINCUMBER	38.05		
4	LOCKIE, AIMEE	12	WOY WOY	37.84		
5	YU, CHENXUAN	11	KNOX PYMBLE	38.03		
6	SUMNER, ALANNAH	12	NORWEST	38.23		
7	GILBERT, POPPY	10	NARRABEEN	38.60		
8	LI, SOPHIA	11	RAVENSWOOD	38.95		
9	TUXFORD, SUMMER	12	TRINITY	39.22		

Heat 8 of 12 Timed Finals

0	KELLY, ISABELLE	13	MANLY	42.23		
1	O'BRIEN, JASMINE	15	AUBURN	41.58		
2	RULE, RUBY	10	KOOTINGAL MOONBI	41.03		
3	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	39.80		
4	JAASKELAINEN, MINTTU	15	LEICHHARDT	39.34		
5	SPITERI, SIENNA	11	LEICHHARDT	39.35		
6	HOCKING, EVA	15	CAMDEN	40.89		
7	EASTMEAD, SARAH	11	NARRABEEN	41.21		
8	HARRINGTON, ROSE	11	NORWEST	41.77		
9	SALIBA, AMELIA	11	NEPEAN	42.53		

Heat 9 of 12 Timed Finals

0	LIN, SELENE	8	CASTLE HILL	45.72		
1	DENOVAN, ANAIS	12	NARRABEEN	44.40		
2	HUANG, CLAIRE	8	AUBURN	43.97		
3	XU, VERONICA	9	MLC MARLINS	43.25		
4	LOW, SKYLAR	11	NORWEST	42.80		
5	COHEN, TAYLAH	9	KINCUMBER	43.12		
6	METCALFE, ALESSANDRA	10	KNOX PYMBLE	43.70		
7	TENG, EVA	8	AUBURN	44.26		
8	PERRY, ZAHLI	11	NORWEST	44.55		
9	JIAO, AIWEI	8	SWIM INFINITI	47.02		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 10 Timed Finals... (Event 14 Women 8 & Over 50 LC Meter Butterfly)

0	GURAYA, SARANJEET KAUR	11	WINDSOR	49.16		
1	SKARSTROM, MAKAYLA	14	HAWKESBURY	48.90		
2	GOUWS, OLIVIA	12	LORETO	47.84		
3	CHOI, GINA	9	PLC SYDNEY	47.61		
4	CHIK, OLIVIA	10	CARLILE	47.27		
5	NEGRI, KEIRA	12	NORWEST	47.43		
6	SOYLU, RUYA	11	NARRABEEN	47.63		
7	REGTOP, LIVA	9	NARRABEEN	48.34		
8	LI, ALYSSA	8	MLC MARLINS	49.01		
9	MCGEE, JEMIMA	8	PLC SYDNEY	49.21		

Heat 11 of 12 Timed Finals

0	COHEN, KEIRA	10	KINCUMBER	53.16		
1	REGTOP, ELVI	11	NARRABEEN	52.38		
2	MENG, CLAIRE	9	MLC MARLINS	51.44		
3	ZHENG, AIMEE	9	SOPAC	50.27		
4	LUN, YUXI	9	KNOX PYMBLE	49.48		
5	PETRIE, SOPHIE	10	LOWER BLUE MOUNTAINS	49.54		
6	HAGEN, MAE	8	MITTAGONG	51.33		
7	SIMPSON, ARIA	9	CRONULLA	51.87		
8	WANG, ROSE	8	KNOX PYMBLE	52.87		
9	JOSIO, FELICE	11	NEPEAN	53.36		

Heat 12 of 12 Timed Finals

0	LEI, JOANNA	11	WOY WOY	NT		
1	WANG, LILIAN	8	MLC MARLINS	1:01.98		
2	LAW, QUINCY	11	NARRABEEN	55.94		
3	UPSALL, ELSIE	10	LEICHHARDT	55.17		
4	WILSON, LUELLEA	11	LEICHHARDT	53.53		
5	CHEN, ELLIE	8	MLC MARLINS	54.96		
6	PERRY, HARPER	8	NORWEST	55.93		
7	LU, AILIN	8	MLC MARLINS	56.10		
8	YE, ELLIE	8	AUBURN	1:33.50		
9	VENTRA, KIMBERLEY	8	SOUTHERN SYDNEY	NT		

Event 15 Men 9 & Over 100 LC Meter Backstroke



SPONSORED BY ADVANCED POOL CARE

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
0	RANKEN, ALEXANDER	14	SOUTHERN SYDNEY	1:11.82		
1	CASHMAN, BRODIE	15	KINROSS WOLAROI	1:09.73		
2	THOMPSON, JACK	17	WARRINGAH	1:08.75		
3	NOTHDURFTER, ANDREW	16	MOUNT ANNAN	1:04.53		
4	KELLY, HUNTER	17	LOWER BLUE MOUNTAINS	1:02.68		
5	REGATTIERI, TAHJ	15	KINCUMBER	1:03.23		
6	CHEN, LUKE	13	NARRABEEN	1:07.82		
7	LAM, LEWIS	15	CASTLE HILL	1:09.42		
8	KITCHER, JAMES	17	NORWEST	1:10.52		
9	LAWSON, THOMAS	15	NEPEAN	1:12.04		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 2 Timed Finals... (Event 15 Men 9 & Over 100 LC Meter Backstroke)

0	SVENSSON, JOSHUA	13	SHORE	1:15.42	_____	_____
1	GRIMLEY, CALLUM	15	SWIMWEST	1:14.54	_____	_____
2	THOMPSON, JAYDEN	14	MINGARA	1:13.19	_____	_____
3	MILLER, JOEL	14	NEWINGTON	1:12.68	_____	_____
4	KELLY, FINN	13	LOWER BLUE MOUNTAINS	1:12.16	_____	_____
5	WILDE, CIARAN	15	LANE COVE	1:12.25	_____	_____
6	BET, LUCA	15	FORBES FINS	1:13.07	_____	_____
7	GRAND, LUKE	14	NEPEAN	1:13.88	_____	_____
8	WONG, JACOB	13	MLC MARLINS	1:15.25	_____	_____
9	FITZSIMMONS, CALLUM	13	NARRABEEN	1:16.06	_____	_____

Heat 3 of 6 Timed Finals

0	WATT, COOPER	13	NARRABEEN	1:18.82	_____	_____
1	JONES, DANIEL	15	TRINITY	1:18.49	_____	_____
2	CLARKE, REN	12	PLC SYDNEY	1:18.01	_____	_____
3	JENNINGS, EWAN	15	KATOOMBA	1:17.38	_____	_____
4	MEAD, KOBI	12	SLC AQUADOT	1:16.62	_____	_____
5	SANDSTROM, CHANCE	14	NUSWIM	1:17.01	_____	_____
6	FISHER, OLIVER	13	RAVENSWOOD	1:17.39	_____	_____
7	BROWN, LUKE	12	WINDSOR	1:18.08	_____	_____
8	JIN, DANIEL	10	AUBURN	1:18.62	_____	_____
9	SASA, REITO	15	ST GEORGE	1:18.89	_____	_____

Heat 4 of 6 Timed Finals

0	WORLEY, JESSE	11	NEPEAN	1:24.09	_____	_____
1	HOYE, MILLER	13	NARRABEEN	1:23.46	_____	_____
2	GLASSON, JOEL	13	SOUTHERN SYDNEY	1:21.82	_____	_____
3	ABBOTT, GEORGE	15	NORWEST	1:20.85	_____	_____
4	MUNRO, ETHAN	15	PLC SYDNEY	1:20.16	_____	_____
5	CARMICHAEL, HAMISH	12	FORSTER	1:20.23	_____	_____
6	COLLINS, OLIVER	12	KNOX PYMBLE	1:21.14	_____	_____
7	WALLACE, OSCAR	14	KINCUMBER	1:22.16	_____	_____
8	HANSEN, TOBY	14	LEICHHARDT	1:24.03	_____	_____
9	MORPHETT, NOAH	11	NEPEAN	1:28.17	_____	_____

Heat 5 of 6 Timed Finals

0	CHABO, THOMAS	9	MLC MARLINS	1:34.07	_____	_____
1	BENSON, MITCHELL	12	KINCUMBER	1:32.61	_____	_____
2	JO, JONAH	12	NUSWIM	1:30.04	_____	_____
3	MOHANTY, IDHANT	11	CASTLE HILL	1:29.89	_____	_____
4	PETRIE, WILLIAM	12	LOWER BLUE MOUNTAINS	1:28.36	_____	_____
5	GILBERT, BYRON	12	NARRABEEN	1:29.73	_____	_____
6	MOLDOVAN, MAXWELL	13	REVESBY	1:29.96	_____	_____
7	WALTERS, FINN	11	NARRABEEN	1:31.43	_____	_____
8	DENG, AUSTIN	10	KNOX PYMBLE	1:33.58	_____	_____
9	BORG, SPENCER	10	NUSWIM	1:34.84	_____	_____

Heat 6 of 6 Timed Finals

2	WU, EDWARD	9	KNOX PYMBLE	NT	_____	_____
3	MOYLAN, MAX	17	CRANBROOK	NT	_____	_____
4	ALEXANDER, JESSE	10	KNOX PYMBLE	1:35.61	_____	_____
5	OUYANG, RAYMOND	9	KNOX PYMBLE	1:47.36	_____	_____
6	CARLISLE, RILEY	11	AQUABLITZ TOONGABBIE	NT	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event 16 Women 9 & Over 100 LC Meter Backstroke



SPONSORED BY ADVANCED POOL CARE

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 6 Timed Finals						
0	STEWART, TARA	15	NUSWIM	1:13.85	_____	_____
1	WELLS, FELICITY	13	LOWER BLUE MOUNTAINS	1:13.19	_____	_____
2	TREADWELL, OLIVIA	13	TRINITY	1:11.37	_____	_____
3	SYMONDS, EMILY	16	NARRABEEN	1:10.56	_____	_____
4	STOKES, ARCHIRAYA	17	PLC SYDNEY	1:07.44	_____	_____
5	DOWNS, JADE	15	KINCUMBER	1:09.00	_____	_____
6	O'KEEFFE, SAHARA	14	MINGARA	1:10.94	_____	_____
7	MILANOVIC, LILY	15	KINCUMBER	1:12.49	_____	_____
8	SIMPSON, JENNA	15	CAMDEN	1:13.27	_____	_____
9	SWANN, AMELIE	14	NARRABEEN	1:13.85	_____	_____
Heat 2 of 6 Timed Finals						
0	KASNUR, NADYA	17	MLC MARLINS	1:16.55	_____	_____
1	JONES, IMOGEN	12	KNOX PYMBLE	1:15.73	_____	_____
2	CALLON, LILY	13	LEICHHARDT	1:15.51	_____	_____
3	GALEA, GISELLE	15	SANS SOUCI	1:14.63	_____	_____
4	SWEENEY, PIPER	13	CRANBROOK	1:14.09	_____	_____
5	CASHMAN, GEMMA	12	KINROSS WOLAROI	1:14.23	_____	_____
6	KNOX, OLIVIA	15	MOUNT ANNAN	1:15.10	_____	_____
7	MOLES, EVA	16	MACQUARIE UNI	1:15.72	_____	_____
8	ANTONIR, MAYA	16	CITY OF SYDNEY	1:16.36	_____	_____
9	ARTHUR, MARY	13	SWIMWEST	1:17.65	_____	_____
Heat 3 of 6 Timed Finals						
0	ANDREWS, LILLY	11	NARRABEEN	1:21.90	_____	_____
1	LI, OLIVIA	12	TIVOLI	1:21.65	_____	_____
2	HOOLEY, AVA	15	NARRABEEN	1:19.93	_____	_____
3	SPITZEROVA, KATHERINE	15	NARRABEEN	1:19.24	_____	_____
4	ROBERTSON, MAY	13	CHARLESTOWN	1:18.23	_____	_____
5	TZIKAS, JENNIFER	13	REVESBY	1:19.11	_____	_____
6	DEARDEN, ANASTASIA	15	NORWEST	1:19.79	_____	_____
7	MARZIC, SIENNA	14	SANS SOUCI	1:20.86	_____	_____
8	HOOLEY, ELLA	13	MANLY	1:21.73	_____	_____
9	LARYMORE, CHLOE	15	LORETO	1:22.72	_____	_____
Heat 4 of 6 Timed Finals						
0	RUSSELL, SIOBHAN	13	TOUKLEY	1:26.44	_____	_____
1	BURKE, OLIVIA	12	MLC MARLINS	1:25.11	_____	_____
2	MITCHAM, GENEVIEVE	15	GINNINDERRA	1:25.00	_____	_____
3	LIN, AURORA	11	CASTLE HILL	1:23.76	_____	_____
4	ELLIOTT, KRISTAL	15	NARRABEEN	1:23.46	_____	_____
5	OCONNOR, VIENNA	11	WINDSOR	1:23.73	_____	_____
6	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	1:24.25	_____	_____
7	LINSSSEN, REBECCA	13	LANE COVE	1:25.05	_____	_____
8	LOCKIE, AIMEE	12	WOY WOY	1:26.19	_____	_____
9	HU, GEORGIANA	14	SWIM INFINITI	1:29.59	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 5 Timed Finals... (Event 16 Women 9 & Over 100 LC Meter Backstroke)

Heat	Lane	Name	Age	Team	Seed Time	Finals	Place
0		REGTOP, ELVI	11	NARRABEEN	1:47.16	_____	_____
1		NAGY, EVIE	11	WINDSOR	1:38.71	_____	_____
2		PARK, ALLY	12	CASTLE HILL	1:34.84	_____	_____
3		MURAKAMI, LILY	12	ATLANTIS	1:30.34	_____	_____
4		THOMPSON, OLIVIA	13	WARRINGAH	1:29.86	_____	_____
5		FISHER, CLAIRE	11	RAVENSWOOD	1:29.98	_____	_____
6		O'BRIEN, JASMINE	15	AUBURN	1:32.70	_____	_____
7		YU, CHENXUAN	11	KNOX PYMBLE	1:35.53	_____	_____
8		NUTT, SAMANTHA	12	LORETO	1:38.91	_____	_____
9		BET, ELENA	10	FORBES FINS	2:01.52	_____	_____

Heat 6 of 6 Timed Finals

1		CAI, DORA	10	MLC MARLINS	NT	_____	_____
2		LEI, JOANNA	11	WOY WOY	NT	_____	_____
3		GURAYA, SARANJEET KAUR	11	WINDSOR	NT	_____	_____
4		CAI, COEY	9	SOPAC	2:01.91	_____	_____
5		NG, ALIZA	12	CASTLE HILL	NT	_____	_____
6		SOYLU, RUYA	11	NARRABEEN	NT	_____	_____
7		LI, JENNY	10	AUBURN	NT	_____	_____
8		XU, VERONICA	9	MLC MARLINS	NT	_____	_____

Event 17 Men 8 & Over 50 LC Meter Breaststroke

Heat	Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 8 Timed Finals

0		REEKS, THOMAS	13	ripples ST MARYS	34.70	_____	_____
1		POLLITT, HARRY	14	SHORE	33.85	_____	_____
2		CASHMAN, BRODIE	15	KINROSS WOLAROI	32.56	_____	_____
3		STOCKLEY, JACK	15	KNOX PYMBLE	31.91	_____	_____
4		BIBBY, LUKE	28	NARRABEEN	29.32	_____	_____
5		MERCER, JACK	15	BARKER	31.77	_____	_____
6		ASHCROFT, MATT	17	THE HILLS	32.55	_____	_____
7		THOMSON, KAI	16	MANLY	33.85	_____	_____
8		AU-YEUNG, NATHAN	15	THE HILLS	34.09	_____	_____
9		SOLIMAN, DAVID	15	CASTLE HILL	34.73	_____	_____

Heat 2 of 8 Timed Finals

0		MOYLAN, MAX	17	CRANBROOK	37.76	_____	_____
1		LAW, JAYDEN	14	NARRABEEN	36.85	_____	_____
2		CHAN, SAMUEL	14	SHORE	35.82	_____	_____
3		CONOMOS, HARRY	15	BARKER	35.13	_____	_____
4		MCDONALD, FINN	14	NORWEST	35.04	_____	_____
5		KITCHER, JAMES	17	NORWEST	35.11	_____	_____
6		MARTIN, THOMAS	14	RAVENSWOOD	35.73	_____	_____
7		CLAYTON, MAXIMILIAN	13	TRINITY	36.64	_____	_____
8		HUH, JOSHUA	13	KNOX PYMBLE	37.70	_____	_____
9		CLANCY, RYAN	14	MOSMAN	37.96	_____	_____

Heat 3 of 8 Timed Finals

0		HOWELLS, HARRY	14	TRINITY	41.55	_____	_____
1		ZHANG, LONGTENG	10	PLC SYDNEY	40.71	_____	_____
2		KASNUR, NICHOLAS	12	MLC MARLINS	40.29	_____	_____
3		SCHOLTENS, THOMAS	14	WARRINGAH	39.69	_____	_____
4		ERICKSON, LIAM	13	KNOX PYMBLE	38.16	_____	_____
5		GENG, JAIDEN	13	CASTLE HILL	38.48	_____	_____
6		JO, JONAH	12	NUSWIM	39.84	_____	_____
7		WALTERS, MAX	13	NARRABEEN	40.67	_____	_____
8		ADAMS, IZAAK	11	NARRABEEN	41.51	_____	_____
9		SINCLAIRE, LEVI	12	WOY WOY	41.91	_____	_____



MEET PROGRAMME
2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 4 Timed Finals... (Event 17 Men 8 & Over 50 LC Meter Breaststroke)

0	MCDONALD, OTTO	12	LEICHHARDT	43.97	_____	_____
1	SANDSTROM, CHANCE	14	NUSWIM	43.53	_____	_____
2	HENDRIKS, KIERAN	12	NARRABEEN	43.22	_____	_____
3	STREET, TOBY	14	TRINITY	42.96	_____	_____
4	LYNAS, BENJI	12	KNOX PYMBLE	42.25	_____	_____
5	BONE, ASHTON	12	GOSFORD	42.27	_____	_____
6	HOLZ, JOSEPH	12	NUSWIM	43.05	_____	_____
7	MASSALI-SINGH, ARMAAN	12	NORWEST	43.39	_____	_____
8	WORLEY, JESSE	11	NEPEAN	43.80	_____	_____
9	LI, JEFFERY	12	MACQUARIE UNI	44.62	_____	_____

Heat 5 of 8 Timed Finals

0	WANG, MATTHEW	10	NORWEST	49.76	_____	_____
1	ELLIOTT, FYN	11	KINCUMBER	48.25	_____	_____
2	LYNAS, BEAU	10	KNOX PYMBLE	46.80	_____	_____
3	LIN, DEREK	12	KNOX PYMBLE	46.31	_____	_____
4	MORPHETT, NOAH	11	NEPEAN	45.84	_____	_____
5	CHABO, THOMAS	9	MLC MARLINS	45.90	_____	_____
6	CHEN, ZACHARY	11	KNOX PYMBLE	46.52	_____	_____
7	BORG, SPENCER	10	NUSWIM	48.20	_____	_____
8	DENG, AUSTIN	10	KNOX PYMBLE	49.39	_____	_____
9	CHO, DANIEL	12	PLC SYDNEY	50.63	_____	_____

Heat 6 of 8 Timed Finals

0	SKELLY, LEVI	11	WOY WOY	1:00.06	_____	_____
1	ZHANG, XIAORUI	8	PLC SYDNEY	56.87	_____	_____
2	LIU, BOAO	8	NORWEST	55.15	_____	_____
3	WU, ARTHUR	9	NORWEST	51.60	_____	_____
4	HOLZ, PATRICK	10	NUSWIM	51.38	_____	_____
5	WALTERS, JACK	11	NARRABEEN	51.52	_____	_____
6	XU, HARRY	8	NORWEST	52.61	_____	_____
7	BOGUNOVIC, ZAC	11	NARRABEEN	55.34	_____	_____
8	YUAN, JEFFREY	8	KNOX PYMBLE	59.83	_____	_____
9	HU, ETHAN	8	MLC MARLINS	1:00.17	_____	_____

Heat 7 of 8 Timed Finals

0	HAGEN, BILLY	10	MITTAGONG	1:06.67	_____	_____
1	KAKKAD, DHARUV	10	NORWEST	1:03.87	_____	_____
2	ZHANG, AARON	8	MLC MARLINS	1:03.30	_____	_____
3	FAN, LUCAS	9	CASTLE HILL	1:02.07	_____	_____
4	GINIGE, CALLUM	10	MACQUARIE FIELDS	1:01.03	_____	_____
5	OUYANG, RAYMOND	9	KNOX PYMBLE	1:01.16	_____	_____
6	WEN, LUKE	9	MLC MARLINS	1:02.22	_____	_____
7	LUK, AUSTIN	9	MLC MARLINS	1:03.39	_____	_____
8	WANG, JUSTIN	8	NORWEST	1:06.29	_____	_____
9	BOGUNOVIC, HEATH	9	NARRABEEN	1:09.53	_____	_____

Heat 8 of 8 Timed Finals

1	CASTRO, LOUIS	10	NARRABEEN	NT	_____	_____
2	MCLEAN, JACK	8	NARRABEEN	1:18.84	_____	_____
3	DI, ELVIN	10	CASTLE HILL	1:13.47	_____	_____
4	JONES, CHRISTIAN	8	LEICHHARDT	1:09.70	_____	_____
5	SKINNER, WILLIAM	8	NARRABEEN	1:11.58	_____	_____
6	LIU, KENNETH	9	MLC MARLINS	1:15.23	_____	_____
7	WORLEY, JOSHUA	10	NEPEAN	1:20.52	_____	_____
8	ZHUO, YOUTING	9	SWIM INFINITI	NT	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event	18 Women 8 & Over 50 LC Meter Breaststroke					
Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 11 Timed Finals						
0	SUMNER, LILY	14	NORWEST	37.86	_____	_____
1	BOSS, NATASHA	14	NARRABEEN	37.46	_____	_____
2	O'KEEFFE, SAHARA	14	MINGARA	36.77	_____	_____
3	DANIELL, GRACE	14	KINCUMBER	36.60	_____	_____
4	WHALAN, SIENNA	16	KINROSS WOLAROI	34.08	_____	_____
5	SYMONDS, EMILY	16	NARRABEEN	36.24	_____	_____
6	ARNOT, ANNABEL	16	MITTAGONG	36.72	_____	_____
7	GARUFI, REGAN	16	LORETO	36.80	_____	_____
8	KASNUR, NADYA	17	MLC MARLINS	37.50	_____	_____
9	KUMCEVSKI, CLARISSA	14	SANS SOUCI	38.00	_____	_____
Heat 2 of 11 Timed Finals						
0	HUNT, ISABELLA	15	LORETO	40.29	_____	_____
1	CASHMAN, GEMMA	12	KINROSS WOLAROI	39.67	_____	_____
2	HAMILTON, SOPHIE	13	NOVOCASTRIAN	38.95	_____	_____
3	HARNWELL, ABIGAIL	13	NARRABEEN	38.78	_____	_____
4	BOCHENEK, IRIS	14	REVESBY	38.28	_____	_____
5	ROBERTSON, MAY	13	CHARLESTOWN	38.31	_____	_____
6	WATSON, BILLI	13	WINDSOR	38.85	_____	_____
7	SONG, SARAH	14	THE HILLS	39.24	_____	_____
8	CAVE, ELLA	18	LORETO	40.21	_____	_____
9	BROWN, OLIVIA	14	WINDSOR	40.37	_____	_____
Heat 3 of 11 Timed Finals						
0	WONG, ZOE	13	CARLILE	41.85	_____	_____
1	RULE, RUBY	10	KOOTINGAL MOONBI	41.58	_____	_____
2	HOCKING, KARA	13	CAMDEN	41.10	_____	_____
3	PENNY, MAYA	14	SOUTHERN SYDNEY	40.85	_____	_____
4	CAI, DORA	10	MLC MARLINS	40.54	_____	_____
5	CAVE, ZARA	15	LORETO	40.60	_____	_____
6	LI, OLIVIA	12	TIVOLI	41.00	_____	_____
7	HARISSON, CAITLYN	13	BATHURST CITY	41.40	_____	_____
8	AGUILAR, JEWEL MADDISON	11	REVESBY	41.58	_____	_____
9	BAIRD, LAUREN	13	MINGARA	41.86	_____	_____
Heat 4 of 11 Timed Finals						
0	COLLIER, EISHA	11	NARRABEEN	43.46	_____	_____
1	SKEEN, MADISON	15	MINGARA	42.97	_____	_____
2	GILLESPIE, ALYSSA	15	NARRABEEN	42.58	_____	_____
3	NG, ALIZA	12	CASTLE HILL	42.22	_____	_____
4	SHEEKEY, CLAIRE	13	SLC AQUADOT	41.90	_____	_____
5	HARRISON, LOLA	16	NARRABEEN	41.95	_____	_____
6	SUMNER, ALANNAH	12	NORWEST	42.26	_____	_____
7	LOW, SKYLAR	11	NORWEST	42.80	_____	_____
8	SCHOLTENS, EMMA	13	WARRINGAH	43.15	_____	_____
9	HAMILTON, RYLEE	14	WARRINGAH	43.46	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 5 Timed Finals... (Event 18 Women 8 & Over 50 LC Meter Breaststroke)

0	MCELLIGOTT, SASHA	13	WENONA	44.24		
1	PITTAMS, LOLA	13	REVESBY	44.12		
2	THOMPSON, OLIVIA	13	WARRINGAH	43.90		
3	CLAYTON, ELLA	11	TRINITY	43.73		
4	JONES, ERIN	11	PLC SYDNEY	43.64		
5	DENOVAN, ANAIS	12	NARRABEEN	43.71		
6	HOCKING, EVA	15	CAMDEN	43.80		
7	NAVARRO-FLOOD, CAOILAINN	12	PLC SYDNEY	43.94		
8	LOH, MAKAYLA	13	CASTLE HILL	44.20		
9	PETRIE, SOPHIE	10	LOWER BLUE MOUNTAINS	44.25		

Heat 6 of 11 Timed Finals

0	OCONNOR, VIENNA	11	WINDSOR	46.98		
1	SPITZEROVA, KATHERINE	15	NARRABEEN	45.94		
2	HOWELLS, EVELYN	13	NARRABEEN	45.64		
3	O'BRIEN, JASMINE	15	AUBURN	44.94		
4	NAVAKAS, KATARINA	12	NARRABEEN	44.25		
5	JAASKELAINEN, VILMA	13	LEICHHARDT	44.44		
6	WONG, ISABEL	13	MLC MARLINS	45.61		
7	HEGARTY, TATUM	11	NARRABEEN	45.66		
8	CHOI, GINA	9	PLC SYDNEY	46.14		
9	DIXON, MYAH	12	MINGARA	47.44		

Heat 7 of 11 Timed Finals

0	LI, JENNY	10	AUBURN	49.22		
1	HU, GEORGIANA	14	SWIM INFINITI	48.97		
2	GOUWS, OLIVIA	12	LORETO	48.16		
3	BURKE, OLIVIA	12	MLC MARLINS	47.89		
4	DRIES, HILARY	13	LEICHHARDT	47.53		
5	NAGY, EVIE	11	WINDSOR	47.77		
6	HARRINGTON, ROSE	11	NORWEST	47.95		
7	KEYS, DAISY	12	NARRABEEN	48.22		
8	REGTOP, LIVA	9	NARRABEEN	49.15		
9	BARNES, GRACE	12	LEICHHARDT	49.88		

Heat 8 of 11 Timed Finals

0	SIMPSON, ARIA	9	CRONULLA	51.36		
1	WILSON, LUELLE	11	LEICHHARDT	50.87		
2	KELLY, ISABELLE	13	MANLY	50.59		
3	SPITERI, SIENNA	11	LEICHHARDT	50.20		
4	METCALFE, ALESSANDRA	10	KNOX PYMBLE	49.98		
5	SALIBA, AMELIA	11	NEPEAN	50.15		
6	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	50.22		
7	PERRY, ZAHLI	11	NORWEST	50.71		
8	ZHENG, AIMEE	9	SOPAC	51.07		
9	CASHMAN, AMELIA	10	KINROSS WOLAROI	51.65		

Heat 9 of 11 Timed Finals

0	MCDONALD, MIEKE	9	NORWEST	55.81		
1	HUANG, CLAIRE	8	AUBURN	54.02		
2	TENG, EVA	8	AUBURN	53.71		
3	HUNT, MADDISON	11	WARREN	53.48		
4	NEGRI, KEIRA	12	NORWEST	52.10		
5	FISHER, CLAIRE	11	RAVENSWOOD	52.47		
6	DIEGO, VALENTINA	12	MINGARA	53.68		
7	EASTMEAD, SARAH	11	NARRABEEN	53.87		
8	LIN, SELENE	8	CASTLE HILL	54.10		
9	STREET, CLARA	10	SYDNEY UNI	55.97		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 10 Timed Finals... (Event 18 Women 8 & Over 50 LC Meter Breaststroke)

Heat	Name	Age	Team	Seed Time	Finals	Place
0	CHEN, ELLIE	8	MLC MARLINS	1:00.28	_____	_____
1	BET, ELENA	10	FORBES FINNS	59.62	_____	_____
2	LI, ALYSSA	8	MLC MARLINS	57.47	_____	_____
3	PERRY, HARPER	8	NORWEST	57.32	_____	_____
4	COHEN, KEIRA	10	KINCUMBER	56.11	_____	_____
5	WANG, ROSE	8	KNOX PYMBLE	57.10	_____	_____
6	ELLIOTT, ALYSSA	10	NARRABEEN	57.42	_____	_____
7	GURAYA, SARANJEET KAUR	11	WINDSOR	58.61	_____	_____
8	HAGEN, MAE	8	MITTAGONG	59.96	_____	_____
9	XU, VERONICA	9	MLC MARLINS	1:00.30	_____	_____

Heat 11 of 11 Timed Finals

0	YE, ELLIE	8	AUBURN	1:47.04	_____	_____
1	VENTRA, KIMBERLEY	8	SOUTHERN SYDNEY	1:04.03	_____	_____
2	UPSALL, ELSIE	10	LEICHHARDT	1:01.98	_____	_____
3	LAW, QUINCY	11	NARRABEEN	1:01.36	_____	_____
4	JIAO, AIWEI	8	SWIM INFINITI	1:00.42	_____	_____
5	LUN, YUXI	9	KNOX PYMBLE	1:01.05	_____	_____
6	JOSIO, FELICE	11	NEPEAN	1:01.45	_____	_____
7	LU, AILIN	8	MLC MARLINS	1:02.93	_____	_____
8	WANG, LILIAN	8	MLC MARLINS	1:04.46	_____	_____
9	O'KEEFFE, HARTLEY	8	MINGARA	NT	_____	_____

Event 19 Men 9 & Over 100 LC Meter Butterfly

SPONSORED BY AQUASHOP



Australia's Swimming Specialists

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
0	WONG, JAYDEN	16	MLC MARLINS	1:06.12	_____	_____
1	MACKAY, ALEXANDER	14	WOLLONGONG	1:05.67	_____	_____
2	WOODROW, HARRISON	15	BARKER	1:04.28	_____	_____
3	MCMANUS, TYLER	16	ORANGE	1:03.89	_____	_____
4	SUVAJAC, NICHOLAS	17	NORWEST	1:00.24	_____	_____
5	LONDON, DANIEL	15	MACQUARIE UNI	1:03.27	_____	_____
6	BECKER, DANIEL	16	SHORE	1:03.91	_____	_____
7	ASHCROFT, MATT	17	THE HILLS	1:04.91	_____	_____
8	BARRETT, ZAK	16	KNOX PYMBLE	1:06.10	_____	_____
9	SCANLON-DAWSON, ALEXANDER	15	SCULLY PARK	1:07.94	_____	_____
Heat 2 of 3 Timed Finals						
0	HOLZ, JOSEPH	12	NUSWIM	1:19.01	_____	_____
1	JAN, KESTER	13	WARRINGAH	1:17.66	_____	_____
2	FALZON, JULIAN	14	NEPEAN	1:13.76	_____	_____
3	CLANCY, RYAN	14	MOSMAN	1:09.53	_____	_____
4	CASHMAN, BRODIE	15	KINROSS WOLAROI	1:08.53	_____	_____
5	SASA, REITO	15	ST GEORGE	1:09.50	_____	_____
6	FISHER, OLIVER	13	RAVENSWOOD	1:12.96	_____	_____
7	LAWSON, THOMAS	15	NEPEAN	1:14.77	_____	_____
8	BET, LUCA	15	FORBES FINNS	1:18.20	_____	_____
9	ALI, EHAN	13	KNOX PYMBLE	1:20.19	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 3 Timed Finals... (Event 19 Men 9 & Over 100 LC Meter Butterfly)

0	LYNAS, BEAU	10	KNOX PYMBLE	NT		
1	HAGEN, BILLY	10	MITTAGONG	1:44.22		
2	CHABO, THOMAS	9	MLC MARLINS	1:36.32		
3	CORNISH-BROWN, WILLIAM	13	CASTLE HILL	1:29.56		
4	JIN, DANIEL	10	AUBURN	1:23.48		
5	MORPHETT, NOAH	11	NEPEAN	1:28.34		
6	KOPEC, JACKSON	11	MOUNTIES	1:29.93		
7	BENSON, MITCHELL	12	KINCUMBER	1:41.59		
8	DEARDEN, OSCAR	11	KNOX PYMBLE	NT		

Event 20 Women 9 & Over 100 LC Meter Butterfly



Australia's Swimming Specialists

SPONSORED BY AQUASHOP

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 5 Timed Finals						
0	LINSSEN, AMY	16	LANE COVE	1:12.13		
1	DALE, OLIVIA	13	CASTLE HILL	1:11.51		
2	JONES, HEIDI	13	PICTON	1:10.40		
3	SCISLO, SOPHIE	14	FORSTER	1:08.82		
4	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	1:04.52		
5	DEARDEN, ANASTASIA	15	NORWEST	1:08.08		
6	HAMILTON, ABBY	16	WARRINGAH	1:08.91		
7	CHANTLER, MADISON	14	MLC MARLINS	1:11.22		
8	LEROS, MARISSA	14	SANS SOUCI	1:12.05		
9	RUZEK, FELICITY	15	KINCUMBER	1:12.16		
Heat 2 of 5 Timed Finals						
0	HUNT, ISABELLA	15	LORETO	1:17.99		
1	YOUNG, MOLLY	11	NARRABEEN	1:16.39		
2	HANCOCK, MATILDA	16	MANLY	1:14.90		
3	MARZIC, SIENNA	14	SANS SOUCI	1:13.00		
4	FAISEY, KETZIA	15	THE HILLS	1:12.18		
5	DOWNS, JADE	15	KINCUMBER	1:12.53		
6	HO, ALLISA	12	CASTLE HILL	1:14.33		
7	FISHER, SIENNA	14	SLC AQUADOT	1:15.16		
8	HARRISON, LOLA	16	NARRABEEN	1:16.83		
9	HOOLEY, ELLA	13	MANLY	1:18.44		
Heat 3 of 5 Timed Finals						
0	DONNELLY, AVA	10	REVESBY	1:26.03		
1	HOCKING, KARA	13	CAMDEN	1:21.56		
2	MILANOVIC, LILY	15	KINCUMBER	1:20.98		
3	GREEN, ELISE	12	LEICHHARDT	1:20.80		
4	SIMS, KEISHA	15	LORETO	1:19.86		
5	CASHMAN, GEMMA	12	KINROSS WOLAROI	1:20.34		
6	DALE, RUBY	11	CASTLE HILL	1:20.94		
7	TZIKAS, JENNIFER	13	REVESBY	1:21.06		
8	BAIRD, LAUREN	13	MINGARA	1:21.87		
9	YU, CHENXUAN	11	KNOX PYMBLE	1:26.51		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 4 Timed Finals... (Event 20 Women 9 & Over 100 LC Meter Butterfly)

Lane	Name	Age	Team	Seed Time	Finals	Place
0	HUNT, MADDISON	11	WARREN	1:45.38	_____	_____
1	O'BRIEN, JASMINE	15	AUBURN	1:39.36	_____	_____
2	JONES, DAKOTA	12	REVESBY	1:33.01	_____	_____
3	SHARMAN, PIPER	10	KINCUMBER	1:30.38	_____	_____
4	CHAPMAN, TAHLIA	11	WINDSOR	1:27.61	_____	_____
5	JAMIESON, HANNAH	12	CARLILE	1:27.63	_____	_____
6	ANTONIR, MAYA	16	CITY OF SYDNEY	1:30.66	_____	_____
7	MACKAY, MADELEINE	12	WOLLONGONG	1:38.07	_____	_____
8	GILBERT, POPPY	10	NARRABEEN	1:39.73	_____	_____
9	CAI, DORA	10	MLC MARLINS	1:46.66	_____	_____

Heat 5 of 5 Timed Finals

3	CAI, COEY	9	SOPAC	NT	_____	_____
4	OZOLS, VANESSA	18	AQUABLITZ TOONGABBIE	2:02.63	_____	_____
5	LI, SOPHIA	11	RAVENSWOOD	NT	_____	_____
6	XU, VERONICA	9	MLC MARLINS	NT	_____	_____

Event 21 Men 10 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 2 Timed Finals

0	SOLIMAN, DAVID	15	CASTLE HILL	2:58.76	_____	_____
1	CLAYTON, MAXIMILIAN	13	TRINITY	2:55.02	_____	_____
2	ASHCROFT, MATT	17	THE HILLS	2:50.13	_____	_____
3	MCDONALD, FINN	14	NORWEST	2:44.34	_____	_____
4	CASHMAN, CALEB	16	KINROSS WOLAROI	2:34.43	_____	_____
5	CHEN, LUKE	13	NARRABEEN	2:38.25	_____	_____
6	MERCER, JACK	15	BARKER	2:48.95	_____	_____
7	MARTIN, THOMAS	14	RAVENSWOOD	2:50.18	_____	_____
8	HEGARTY, HUDSON	13	KNOX PYMBLE	2:56.64	_____	_____
9	SWEENEY, BOSTON	11	KINCOPPAL	3:05.22	_____	_____

Heat 2 of 2 Timed Finals

0	WORLEY, JESSE	11	NEPEAN	3:34.85	_____	_____
1	GRIMLEY, CALLUM	15	SWIMWEST	3:23.97	_____	_____
2	FITZSIMMONS, CALLUM	13	NARRABEEN	3:13.90	_____	_____
3	CARMICHAEL, HAMISH	12	FORSTER	3:13.01	_____	_____
4	KASNUR, NICHOLAS	12	MLC MARLINS	3:10.51	_____	_____
5	SINCLAIRE, LEVI	12	WOY WOY	3:10.68	_____	_____
6	BONE, ASHTON	12	GOSFORD	3:13.88	_____	_____
7	RAJEEV, MARAN	12	KNOX PYMBLE	3:21.91	_____	_____
8	MORPHETT, NOAH	11	NEPEAN	3:29.46	_____	_____

Event 22 Women 10 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	Finals	Place
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Heat 1 of 3 Timed Finals

0	BOSS, NATASHA	14	NARRABEEN	3:02.59	_____	_____
1	DANIELL, GRACE	14	KINCUMBER	3:00.30	_____	_____
2	ELLIOTT, MIA	15	KINCUMBER	2:59.39	_____	_____
3	UNWIN, HAILEY	15	SANS SOUCI	2:53.34	_____	_____
4	WHALAN, SIENNA	16	KINROSS WOLAROI	2:43.62	_____	_____
5	ARNOT, ANNABEL	16	MITTAGONG	2:50.99	_____	_____
6	BARSOUM, JEMIMA	14	SANS SOUCI	2:56.14	_____	_____
7	SONG, SARAH	14	THE HILLS	2:59.44	_____	_____
8	SUMNER, LILY	14	NORWEST	3:00.34	_____	_____
9	STEVENS, SARAH	13	SLC AQUADOT	3:08.20	_____	_____



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Heat 2 Timed Finals... (Event 22 Women 10 & Over 200 LC Meter Breaststroke)

Heat	Name	Age	Team	Seed Time	Finals	Place
0	HARISSON, CAITLYN	13	BATHURST CITY	3:27.98	_____	_____
1	SUMNER, ALANNAH	12	NORWEST	3:19.37	_____	_____
2	GILLESPIE, ALYSSA	15	NARRABEEN	3:15.00	_____	_____
3	WATSON, BILLI	13	WINDSOR	3:12.03	_____	_____
4	KUMAR, SAHANA	14	PLC SYDNEY	3:08.80	_____	_____
5	WONG, ZOE	13	CARLILE	3:11.12	_____	_____
6	HARNWELL, ABIGAIL	13	NARRABEEN	3:14.78	_____	_____
7	LI, OLIVIA	12	TIVOLI	3:17.12	_____	_____
8	LIN, AURORA	11	CASTLE HILL	3:26.57	_____	_____
9	RULE, RUBY	10	KOOTINGAL MOONBI	3:28.22	_____	_____

Heat 3 of 3 Timed Finals

3	O'BRIEN, JASMINE	15	AUBURN	3:42.66	_____	_____
4	HOCKING, EVA	15	CAMDEN	3:31.07	_____	_____
5	DRIES, HILARY	13	LEICHHARDT	3:31.95	_____	_____
6	PETRIE, SOPHIE	10	LOWER BLUE MOUNTAINS	3:43.50	_____	_____

Event 23 Men 8 & Over 50 LC Meter Freestyle

SPONSORED BY NORTHERN BEACHES ADVISORY



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 13 Timed Finals						
0	MOYLAN, MAX	17	CRANBROOK	25.43	_____	_____
1	VELLA, BRODIE	16	ACU BLACKTOWN	25.32	_____	_____
2	SUVAJAC, NICHOLAS	17	NORWEST	25.01	_____	_____
3	STOCKLEY, JACK	15	KNOX PYMBLE	24.85	_____	_____
4	BIBBY, LUKE	28	NARRABEEN	23.67	_____	_____
5	JING, ALBERT	30	SYDNEY UNI	24.66	_____	_____
6	WOODROW, HARRISON	15	BARKER	24.89	_____	_____
7	SCOTT, MAX	17	MACQUARIE UNI	25.08	_____	_____
8	WORKMAN, NOAH	17	BARKER	25.37	_____	_____
9	AU-YEUNG, NATHAN	15	THE HILLS	25.86	_____	_____
Heat 2 of 13 Timed Finals						
0	GRIGGS, BEAU	14	REVESBY	26.84	_____	_____
1	KITCHER, JAMES	17	NORWEST	26.79	_____	_____
2	THOMSON, KAI	16	MANLY	26.55	_____	_____
3	ASHCROFT, MATT	17	THE HILLS	26.29	_____	_____
4	LONDON, DANIEL	15	MACQUARIE UNI	26.00	_____	_____
5	NOTHDURFTER, ANDREW	16	MOUNT ANNAN	26.08	_____	_____
6	CLANCY, RYAN	14	MOSMAN	26.52	_____	_____
7	GRAND, LUKE	14	NEPEAN	26.76	_____	_____
8	LAM, LEWIS	15	CASTLE HILL	26.82	_____	_____
9	PARK, JOSHUA	14	MACQUARIE UNI	26.96	_____	_____
Heat 3 of 13 Timed Finals						
0	MCMANUS, TYLER	16	ORANGE	27.81	_____	_____
1	RANKEN, ALEXANDER	14	SOUTHERN SYDNEY	27.53	_____	_____
2	BECKER, DANIEL	16	SHORE	27.30	_____	_____
3	FLEMING, NICHOLAS	15	LEICHHARDT	27.16	_____	_____
4	CONOMOS, HARRY	15	BARKER	27.09	_____	_____
5	ABBOTT, GEORGE	15	NORWEST	27.09	_____	_____
6	SASA, REITO	15	ST GEORGE	27.23	_____	_____
7	SCHOLTENS, THOMAS	14	WARRINGAH	27.32	_____	_____
8	CASHMAN, BRODIE	15	KINROSS WOLAROI	27.62	_____	_____
9	CLAYTON, MAXIMILIAN	13	TRINITY	27.99	_____	_____



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Heat 4 Timed Finals... (Event 23 Men 8 & Over 50 LC Meter Freestyle)				
0	CHAN, SAMUEL	14	SHORE	28.54
1	JONES, DANIEL	15	TRINITY	28.53
2	JENNINGS, EWAN	15	KATOOMBA	28.22
3	FALZON, JULIAN	14	NEPEAN	28.10
4	SANDSTROM, CHANCE	14	NUSWIM	28.06
5	JONES, NATHAN	13	TRINITY	28.10
6	REEKS, THOMAS	13	RIPPLES ST MARYS	28.12
7	POLLITT, HARRY	14	SHORE	28.45
8	OKAZAKI, LUCA	13	WARRINGAH	28.54
9	SOLIMAN, DAVID	15	CASTLE HILL	28.79
Heat 5 of 13 Timed Finals				
0	GENG, JAIDEN	13	CASTLE HILL	29.71
1	HOWELLS, HARRY	14	TRINITY	29.48
2	WALLACE, OSCAR	14	KINCUMBER	29.38
3	FANNIN, CHARLIE	14	MITTAGONG	29.26
4	LYNAS, BENJI	12	KNOX PYMBLE	29.03
5	ALI, EHAN	13	KNOX PYMBLE	29.19
6	JAN, KESTER	13	WARRINGAH	29.29
7	WATT, COOPER	13	NARRABEEN	29.41
8	FISHER, OLIVER	13	RAVENSWOOD	29.71
9	BROWN, PHOENIX	12	LEICHHARDT	29.85
Heat 6 of 13 Timed Finals				
0	MCDONALD, FINN	14	NORWEST	30.81
1	MARTIN, THOMAS	14	RAVENSWOOD	30.54
2	BET, LUCA	15	FORBES FINS	30.36
3	MCDONALD, OTTO	12	LEICHHARDT	30.18
4	THOMPSON, JAYDEN	14	MINGARA	29.98
5	STREET, TOBY	14	TRINITY	30.16
6	MEAD, KOBI	12	SLC AQUADOT	30.25
7	CLARKE, REN	12	PLC SYDNEY	30.54
8	CARMICHAEL, HAMISH	12	FORSTER	30.70
9	LAW, JAYDEN	14	NARRABEEN	30.99
Heat 7 of 13 Timed Finals				
0	JIN, DANIEL	10	AUBURN	31.77
1	LI, JEFFERY	12	MACQUARIE UNI	31.54
2	HOYE, MILLER	13	NARRABEEN	31.33
3	ABBOTT, THOMAS	12	NORWEST	31.21
4	ADAMS, IZAAK	11	NARRABEEN	31.12
5	HUH, JOSHUA	13	KNOX PYMBLE	31.18
6	SVENSSON, JOSHUA	13	SHORE	31.23
7	SINCLAIRE, LEVI	12	WOY WOY	31.52
8	HANSEN, TOBY	14	LEICHHARDT	31.68
9	GAN, CALEB	11	MLC MARLINS	32.09
Heat 8 of 13 Timed Finals				
0	BENSON, MITCHELL	12	KINCUMBER	32.91
1	HOLZ, JOSEPH	12	NUSWIM	32.65
2	HENDRIKS, KIERAN	12	NARRABEEN	32.53
3	HUANG, JACKSON	12	NORWEST	32.30
4	JO, JONAH	12	NUSWIM	32.14
5	WORLEY, JESSE	11	NEPEAN	32.23
6	ERICKSON, LIAM	13	KNOX PYMBLE	32.32
7	KOPEC, JACKSON	11	MOUNTIES	32.62
8	GILBERT, BYRON	12	NARRABEEN	32.68
9	LIN, DEREK	12	KNOX PYMBLE	33.18



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Heat 9 Timed Finals... (Event 23 Men 8 & Over 50 LC Meter Freestyle)				
0	SLATER, MITCHELL	11	BARKER	35.06
1	HOLZ, PATRICK	10	NUSWIM	34.14
2	CHO, DANIEL	12	PLC SYDNEY	33.91
3	CHABO, THOMAS	9	MLC MARLINS	33.71
4	BORG, SPENCER	10	NUSWIM	33.37
5	WALTERS, FINN	11	NARRABEEN	33.67
6	DEARDEN, OSCAR	11	KNOX PYMBLE	33.84
7	LYNAS, BEAU	10	KNOX PYMBLE	34.03
8	COLLINS, OLIVER	12	KNOX PYMBLE	34.59
9	MORPHETT, NOAH	11	NEPEAN	35.17
Heat 10 of 13 Timed Finals				
0	LIU, BOAO	8	NORWEST	38.91
1	ZHAO, DEAN	11	NORWEST	37.74
2	ZHANG, LONGTENG	10	PLC SYDNEY	36.85
3	CALLON, MAC	11	LEICHHARDT	35.94
4	WU, EDWARD	9	KNOX PYMBLE	35.68
5	ALEXANDER, JESSE	10	KNOX PYMBLE	35.69
6	MOLDOVAN, MAXWELL	13	REVESBY	36.10
7	HAGEN, BILLY	10	MITTAGONG	36.86
8	WALTERS, JACK	11	NARRABEEN	38.44
9	SKELLY, LEVI	11	WOY WOY	38.94
Heat 11 of 13 Timed Finals				
0	FAN, LUCAS	9	CASTLE HILL	43.84
1	BOGUNOVIC, ZAC	11	NARRABEEN	42.61
2	KAKKAD, DHARUV	10	NORWEST	41.16
3	WU, ARTHUR	9	NORWEST	39.93
4	NEYENHUYNS, JAMES	11	MENAI	39.00
5	MASSALI-SINGH, ARMAAN	12	NORWEST	39.42
6	YUAN, JEFFREY	8	KNOX PYMBLE	40.53
7	WEN, LUKE	9	MLC MARLINS	41.21
8	ZHANG, XIAORUI	8	PLC SYDNEY	43.74
9	DI, ELVIN	10	CASTLE HILL	44.01
Heat 12 of 13 Timed Finals				
0	WORLEY, JOSHUA	10	NEPEAN	52.13
1	XU, HARRY	8	NORWEST	47.92
2	HU, ETHAN	8	MLC MARLINS	46.00
3	GINIGE, CALLUM	10	MACQUARIE FIELDS	44.41
4	LIU, KENNETH	9	MLC MARLINS	44.12
5	BOGUNOVIC, HEATH	9	NARRABEEN	44.22
6	JONES, CHRISTIAN	8	LEICHHARDT	45.51
7	SKINNER, WILLIAM	8	NARRABEEN	47.68
8	ZHANG, AARON	8	MLC MARLINS	51.34
Heat 13 of 13 Timed Finals				
3	ZHUO, YOUTING	9	SWIM INFINITI	NT
4	MCLEAN, JACK	8	NARRABEEN	52.82
5	CASTRO, LOUIS	10	NARRABEEN	NT



MEET PROGRAMME
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Event 24 Women 8 & Over 50 LC Meter Freestyle

SPONSORED BY NORTHERN BEACHES ADVISORY



Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 16 Timed Finals						
0	SCISLO, SOPHIE	14	FORSTER	28.78	_____	_____
1	JOHNS, GYPSY	14	WINDSOR	28.70	_____	_____
2	HOYE, ELLA	15	NARRABEEN	28.36	_____	_____
3	JONES, HEIDI	13	PICTON	28.01	_____	_____
4	WILSON, CHARLOTTE	16	LORETO	27.84	_____	_____
5	NOTHDURFTER, ALEXANDRA	14	MOUNT ANNAN	27.86	_____	_____
6	VALE, INDIANNA	14	KNOX PYMBLE	28.19	_____	_____
7	HAMILTON, ABBY	16	WARRINGAH	28.53	_____	_____
8	WELLS, FELICITY	13	LOWER BLUE MOUNTAINS	28.74	_____	_____
9	MOLES, GRACIE	14	MACQUARIE UNI	28.83	_____	_____
Heat 2 of 16 Timed Finals						
0	SIMPSON, JENNA	15	CAMDEN	29.42	_____	_____
1	CHANTLER, MADISON	14	MLC MARLINS	29.25	_____	_____
2	FISHER, SIENNA	14	SLC AQUADOT	29.23	_____	_____
3	ROBERTSON, MAY	13	CHARLESTOWN	29.12	_____	_____
4	O'KEEFFE, SAHARA	14	MINGARA	28.90	_____	_____
5	SYMONDS, EMILY	16	NARRABEEN	29.03	_____	_____
6	HUNT, ISABELLA	15	LORETO	29.23	_____	_____
7	BOSS, NATASHA	14	NARRABEEN	29.24	_____	_____
8	WHALAN, SIENNA	16	KINROSS WOLAROI	29.33	_____	_____
9	HAMILTON, SOPHIE	13	NOVOCASTRIAN	29.43	_____	_____
Heat 3 of 16 Timed Finals						
0	TRANG, RHIANNON	15	LANE COVE	29.79	_____	_____
1	MITCHAM, GENEVIEVE	15	GINNINDERRA	29.64	_____	_____
2	ARNOT, ANNABEL	16	MITTAGONG	29.52	_____	_____
3	ELLIOTT, TAHLI	14	NARRABEEN	29.49	_____	_____
4	LEROS, MARISSA	14	SANS SOUCI	29.47	_____	_____
5	DOWNS, JADE	15	KINCUMBER	29.47	_____	_____
6	SWANN, AMELIE	14	NARRABEEN	29.52	_____	_____
7	KASNUR, NADYA	17	MLC MARLINS	29.59	_____	_____
8	GARTNER, MAKENZI	12	SOPAC	29.71	_____	_____
9	WILLIAMSON, PAIGE	17	LORETO	29.81	_____	_____
Heat 4 of 16 Timed Finals						
0	FAISEY, KETZIA	15	THE HILLS	30.06	_____	_____
1	PITTAMS, LOLA	13	REVESBY	29.99	_____	_____
2	GREEN, ELISE	12	LEICHHARDT	29.94	_____	_____
3	GARUFI, REGAN	16	LORETO	29.92	_____	_____
4	DEARDEN, ANASTASIA	15	NORWEST	29.84	_____	_____
5	DALE, OLIVIA	13	CASTLE HILL	29.85	_____	_____
6	MOLES, EVA	16	MACQUARIE UNI	29.94	_____	_____
7	LEUNG, HAILEY	14	CASTLE HILL	29.95	_____	_____
8	STOKES, ARCHIRAYA	17	PLC SYDNEY	30.01	_____	_____
9	TZIKAS, JENNIFER	13	REVESBY	30.10	_____	_____



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Heat 5 Timed Finals... (Event 24 Women 8 & Over 50 LC Meter Freestyle)

0	CLAYTON, ELLA	11	TRINITY	30.45		
1	DEBELJA, BROOKE	14	LEICHHARDT	30.35		
2	GALEA, GISELLE	15	SANS SOUCI	30.30		
3	DANIELL, GRACE	14	KINCUMBER	30.14		
4	MILANOVIC, LILY	15	KINCUMBER	30.11		
5	ELLIOTT, KRYSTAL	15	NARRABEEN	30.14		
6	HO, ALLISA	12	CASTLE HILL	30.25		
7	GENGE, OLIVIA	15	ENGADINE	30.34		
8	BOCHENEK, IRIS	14	REVESBY	30.36		
9	CAI, DORA	10	MLC MARLINS	30.53		

Heat 6 of 16 Timed Finals

0	HARRISON, LOLA	16	NARRABEEN	30.87		
1	KUMCEVSKI, CLARISSA	14	SANS SOUCI	30.80		
2	NG, ALIZA	12	CASTLE HILL	30.72		
3	JASPER, SIENA	14	TRINITY	30.65		
4	HARNWELL, ABIGAIL	13	NARRABEEN	30.59		
5	DALE, RUBY	11	CASTLE HILL	30.60		
6	KOTEVSKI, GISELLE	14	SANS SOUCI	30.69		
7	HAMILTON, RYLEE	14	WARRINGAH	30.77		
8	STEWART, TARA	15	NUSWIM	30.84		
9	SIMS, KEISHA	15	LORETO	30.96		

Heat 7 of 16 Timed Finals

0	JONES, DAKOTA	12	REVESBY	31.35		
1	LOH, MAKAYLA	13	CASTLE HILL	31.27		
2	RAMSAY, JASMIN	13	MOSMAN	31.12		
3	LUONGO, MICAELA	13	REVESBY	31.07		
4	SKEEN, MADISON	15	MINGARA	30.98		
5	BAIRD, LAUREN	13	MINGARA	31.04		
6	CAVE, ZARA	15	LORETO	31.08		
7	NICOTRA, ALEXIA	13	REVESBY	31.17		
8	ARTHUR, MARY	13	SWIMWEST	31.33		
9	WONG, ZOE	13	CARLILE	31.36		

Heat 8 of 16 Timed Finals

0	HOOLEY, AVA	15	NARRABEEN	31.89		
1	KEYS, DAISY	12	NARRABEEN	31.82		
2	GAN, CHARLOTTE	13	MLC MARLINS	31.72		
3	BURKE, OLIVIA	12	MLC MARLINS	31.66		
4	WATSON, BILLI	13	WINDSOR	31.40		
5	COLLIER, EISHA	11	NARRABEEN	31.53		
6	LOCKIE, AIMEE	12	WOY WOY	31.66		
7	NAVARRO-FLOOD, CAOILAINN	12	PLC SYDNEY	31.74		
8	PARK, EMMA	15	CASTLE HILL	31.89		
9	SHEEKEY, CLAIRE	13	SLC AQUADOT	31.98		

Heat 9 of 16 Timed Finals

0	DIXON, MYAH	12	MINGARA	32.83		
1	MALONE, CAOIMHE	14	NARRABEEN	32.54		
2	NAVAKAS, KATARINA	12	NARRABEEN	32.34		
3	NICOTRA, ANALISE	13	REVESBY	32.18		
4	ANDREWS, LILLY	11	NARRABEEN	32.05		
5	AGUILAR, JEWEL MADDISON	11	REVESBY	32.12		
6	LARYMORE, CHLOE	15	LORETO	32.26		
7	HARISSON, CAITLYN	13	BATHURST CITY	32.42		
8	HU, GEORGIANA	14	SWIM INFINITI	32.77		
9	HOCKING, KARA	13	CAMDEN	32.87		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 10 Timed Finals... (Event 24 Women 8 & Over 50 LC Meter Freestyle)

0	GILBERT, POPPY	10	NARRABEEN	34.07		
1	WATSON, LILAH	13	ENGADINE	33.54		
2	JAASKELAINEN, MINTTU	15	LEICHHARDT	33.34		
3	TUXFORD, SUMMER	12	TRINITY	33.14		
4	SCHOLTENS, EMMA	13	WARRINGAH	33.01		
5	OCONNOR, VIENNA	11	WINDSOR	33.05		
6	GOUWS, OLIVIA	12	LORETO	33.15		
7	HOWELLS, EVELYN	13	NARRABEEN	33.48		
8	RULE, RUBY	10	KOOTINGAL MOONBI	33.76		
9	PENNY, MAYA	14	SOUTHERN SYDNEY	34.08		

Heat 11 of 16 Timed Finals

0	SHARMAN, PIPER	10	KINCUMBER	35.31		
1	EASTMEAD, SARAH	11	NARRABEEN	35.14		
2	HARRINGTON, ROSE	11	NORWEST	34.66		
3	FISHER, CLAIRE	11	RAVENSWOOD	34.48		
4	HOCKING, EVA	15	CAMDEN	34.18		
5	JONES, ERIN	11	PLC SYDNEY	34.23		
6	YU, CHENXUAN	11	KNOX PYMBLE	34.59		
7	HEGARTY, TATUM	11	NARRABEEN	35.12		
8	LOW, SKYLAR	11	NORWEST	35.20		
9	OHLBACK, ZALI	11	KINCUMBER	35.32		

Heat 12 of 16 Timed Finals

0	SIMPSON, ARIA	9	CRONULLA	36.64		
1	SOYLU, RUYA	11	NARRABEEN	36.39		
2	METCALFE, ALESSANDRA	10	KNOX PYMBLE	35.92		
3	PERRY, ZAHLI	11	NORWEST	35.70		
4	SPITERI, SIENNA	11	LEICHHARDT	35.60		
5	NEGRI, KEIRA	12	NORWEST	35.62		
6	JAASKELAINEN, VILMA	13	LEICHHARDT	35.73		
7	COHEN, TAYLAH	9	KINCUMBER	36.09		
8	DENOVAN, ANAIS	12	NARRABEEN	36.50		
9	GURAYA, SARANJEET KAUR	11	WINDSOR	36.84		

Heat 13 of 16 Timed Finals

0	WILSON, LUELLA	11	LEICHHARDT	38.84		
1	REGTOP, LIVA	9	NARRABEEN	38.24		
2	ZHENG, AIMEE	9	SOPAC	37.95		
3	NAGY, EVIE	11	WINDSOR	37.49		
4	XU, VERONICA	9	MLC MARLINS	36.89		
5	ELLIOTT, ALYSSA	10	NARRABEEN	37.39		
6	HUNT, MADDISON	11	WARREN	37.84		
7	HAGEN, MAE	8	MITTAGONG	38.05		
8	LU, AILIN	8	MLC MARLINS	38.31		
9	JIAO, AIWEI	8	SWIM INFINITI	38.97		

Heat 14 of 16 Timed Finals

0	MCDONALD, MIEKE	9	NORWEST	40.40		
1	REGTOP, ELVI	11	NARRABEEN	39.81		
2	LUN, YUXI	9	KNOX PYMBLE	39.69		
3	COHEN, KEIRA	10	KINCUMBER	39.28		
4	CHOI, GINA	9	PLC SYDNEY	38.98		
5	HUANG, CLAIRE	8	AUBURN	39.18		
6	PARK, ALLY	12	CASTLE HILL	39.40		
7	LAW, QUINCY	11	NARRABEEN	39.74		
8	WANG, ROSE	8	KNOX PYMBLE	39.92		
9	PERRY, HARPER	8	NORWEST	41.20		



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Heat 15 Timed Finals... (Event 24 Women 8 & Over 50 LC Meter Freestyle)

Heat	Name	Age	Team	Seed Time	Finals	Place
0	STREET, CLARA	10	SYDNEY UNI	45.29	_____	_____
1	LIN, SELENE	8	CASTLE HILL	43.57	_____	_____
2	DIEGO, VALENTINA	12	MINGARA	42.78	_____	_____
3	LI, ALYSSA	8	MLC MARLINS	41.46	_____	_____
4	UPSALL, ELSIE	10	LEICHHARDT	41.32	_____	_____
5	TENG, EVA	8	AUBURN	41.41	_____	_____
6	MENG, CLAIRE	9	MLC MARLINS	42.77	_____	_____
7	VENTRA, KIMBERLEY	8	SOUTHERN SYDNEY	42.82	_____	_____
8	BET, ELENA	10	FORBES FINS	44.80	_____	_____
9	YE, ELLIE	8	AUBURN	45.52	_____	_____

Heat 16 of 16 Timed Finals

2	CHEN, ELLIE	8	MLC MARLINS	48.76	_____	_____
3	WANG, LILIAN	8	MLC MARLINS	48.51	_____	_____
4	CASHMAN, AMELIA	10	KINROSS WOLAROI	46.36	_____	_____
5	CHIK, OLIVIA	10	CARLILE	46.79	_____	_____
6	CARLISLE, EMILY	9	AQUABLITZ TOONGABBIE	48.67	_____	_____
7	LEI, JOANNA	11	WOY WOY	NT	_____	_____

Event 25 Men 10 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time	Finals	Place
Heat 1 of 3 Timed Finals						
0	FISHER, OLIVER	13	RAVENSWOOD	2:32.95	_____	_____
1	KELLY, FINN	13	LOWER BLUE MOUNTAINS	2:30.87	_____	_____
2	NOTHDURFTER, ANDREW	16	MOUNT ANNAN	2:22.59	_____	_____
3	CASHMAN, CALEB	16	KINROSS WOLAROI	2:16.89	_____	_____
4	JOHNSON, TYLER	18	WARRINGAH	2:16.21	_____	_____
5	KELLY, HUNTER	17	LOWER BLUE MOUNTAINS	2:16.57	_____	_____
6	REGATTIERI, TAHJ	15	KINCUMBER	2:17.18	_____	_____
7	WILDE, CIARAN	15	LANE COVE	2:28.25	_____	_____
8	THOMPSON, HUDSON	15	WARRINGAH	2:31.55	_____	_____
9	MILLER, JOEL	14	NEWINGTON	2:33.94	_____	_____
Heat 2 of 3 Timed Finals						
0	JONES, DANIEL	15	TRINITY	2:53.11	_____	_____
1	GRIMLEY, CALLUM	15	SWIMWEST	2:51.57	_____	_____
2	SANDSTROM, CHANCE	14	NUSWIM	2:43.53	_____	_____
3	LAWSON, THOMAS	15	NEPEAN	2:38.10	_____	_____
4	LAM, LEWIS	15	CASTLE HILL	2:35.58	_____	_____
5	WONG, JACOB	13	MLC MARLINS	2:37.61	_____	_____
6	BET, LUCA	15	FORBES FINS	2:41.87	_____	_____
7	BONE, ASHTON	12	GOSFORD	2:45.73	_____	_____
8	MEAD, KOBI	12	SLC AQUADOT	2:52.22	_____	_____
9	CLAYTON, MAXIMILIAN	13	TRINITY	3:01.71	_____	_____
Heat 3 of 3 Timed Finals						
3	PETRIE, WILLIAM	12	LOWER BLUE MOUNTAINS	3:15.22	_____	_____
4	WORLEY, JESSE	11	NEPEAN	3:01.98	_____	_____
5	MOYLAN, HARRY	13	CRANBROOK	3:07.42	_____	_____
6	MOHANTY, IDHANT	11	CASTLE HILL	3:18.99	_____	_____



MEET PROGRAMME

2023 NBSC LC Qualifying Meet held at SOPAC on Saturday 18 November 2023

Event	26	Women 10 & Over 200 LC Meter Backstroke					
Lane	Name	Age	Team	Seed Time	Finals	Place	
Heat 1 of 2 Timed Finals							
0	TZIKAS, JENNIFER	13	REVESBY	2:44.62	_____	_____	
1	CALLON, LILY	13	LEICHHARDT	2:41.37	_____	_____	
2	SYMONDS, EMILY	16	NARRABEEN	2:37.39	_____	_____	
3	CHIA, MEGAN	12	KNOX PYMBLE	2:30.80	_____	_____	
4	TREADWELL, OLIVIA	13	TRINITY	2:28.98	_____	_____	
5	DOWNS, JADE	15	KINCUMBER	2:30.53	_____	_____	
6	MILANOVIC, LILY	15	KINCUMBER	2:34.36	_____	_____	
7	SWEENEY, PIPER	13	CRANBROOK	2:39.00	_____	_____	
8	ANTONIR, MAYA	16	CITY OF SYDNEY	2:42.20	_____	_____	
9	HOOLEY, AVA	15	NARRABEEN	2:52.69	_____	_____	
Heat 2 of 2 Timed Finals							
0	O'BRIEN, JASMINE	15	AUBURN	3:25.16	_____	_____	
1	FISHER, CLAIRE	11	RAVENSWOOD	3:11.76	_____	_____	
2	OCONNOR, VIENNA	11	WINDSOR	3:02.04	_____	_____	
3	LI, OLIVIA	12	TIVOLI	2:58.42	_____	_____	
4	DEARDEN, ANASTASIA	15	NORWEST	2:55.43	_____	_____	
5	YU, CAROLYN	12	REVESBY	2:56.80	_____	_____	
6	CLIFFORD, ABIGAIL	12	RIPPLES ST MARYS	2:58.66	_____	_____	
7	RUSSELL, SIOBHAN	13	TOUKLEY	3:08.02	_____	_____	
8	SPITZEROVA, KATHERINE	15	NARRABEEN	3:20.62	_____	_____	





**NARRABEEN SWIMMING CLUB'S
LONG COURSE QUALIFYING MEET
SATURDAY 18 NOVEMBER 2023**

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